

Community Resources

This guide contains resources in the Wells Branch community, as well as the greater Austin metro area. This guide is not intended to recommend or endorse specific institutions, but to collect in one place the contacts and information you may need to select services.

First version compiled in fall of 2019 by MLIS candidate and Wells Branch Community Library staff member Tina Van Winkle. Current version updated in fall of 2022 by staff member Karina Franco Estrada.

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Hotlines

Local

Austin Travis County Integral Care	512-472-HELP (4357)
Psychiatric crisis & mental health services referrals	
24/7 Crisis Hotline	
Crisis Intervention Teams:	
Travis County Crisis Intervention Team	512-854-3430
Austin Police Department Crisis Intervention Team	512-854-3450
Williamson County Mobile Crisis Outreach Team	512-943-3545
Bluebonnet Trail Community Services	1-800-841-1255
Crisis hotline for areas north of Austin	
Texas Youth Hotline	I-800-989-YOUTH
2-1-1 Texas: Hotline for locating community resources and social	211
services	

National

National Suicide Prevention Lifeline	1-800-273-8255
Para llamadas en Espanol	I-888-628-9454
National Crisis Text Line	Text NAMI to: 741741
Trevor Project	I-866-488-7386
Hotline for LBGTQ+ youth	
Gay, Lesbian, Bisexual, and Transgender Hotline	I-888-843-4564
	Youth Talkline: I-800-246-7743
	Senior Helpline: 1-888-234-7243
SAMHSA National Helpline	I-800-662-HELP (4357)
Referrals to treatment providers for mental health & substance	
abuse	
SAMHSA Disaster Distress Helpline	1-800-985-5990
24/7 crisis counseling and support for people experience	Text TalkWithUs to: 66746
emotional distress related to natural causes or human-caused	For Spanish, text Hablanos to:
disasters	66746
Veteran Crisis Hotline	I-800-273-8255 and press I
For veterans, their families & friends	Text 838255
National Domestic Violence Hotline	1-800-799-7233
RAINN Hotline:	I-800-656-HOPE
Rape, Sexual Assault, Abuse, and Incest National Network	
Love is Respect	1-866-331-8474
National Teen Dating Abuse Hotline	Text 22522
National Eating Disorders Center Helpline	1-800-931-2237
Open M-F, 9am-9pm	

National Runaway Safeline	I-800-RUN-AWAY
National Center for Missing & Exploited Children	1-800-843-5678
National Human Trafficking Hotline	I-888-373-7888
	Text 233733
Poison Control	1-800-222-1222

Local Government and Civic Engagement

Voting and Elections

austintexas.gov/vote

votetexas.gov

https://countyclerk.traviscountytx.gov/departments/elections/

Polling Places

https://countyclerk.traviscountytx.gov/departments/elections/current-election/#polling-locations

Election Guides

Community Impact Newspaper communityimpact.com/news/austin/

Ballotpedia

https://ballotpedia.org/Main Page

a non-partisan site dedicated to politics. Contains information on candidates including voting history (if previously in office), platforms, endorsements

League of Women Votes of Texas / Austin Area

lwvaustin.org/

Non-partisan political organization that encourages informed and active participation of citizens in government; publishes online voters' guides for local, state, and national elections.

Project Vote Smart

votesmart.org/

Provides free, factual, and unbiased information on candidates and elected officials.

Wells Branch

Wells Branch MUD (Municipal Utility District)

Office: 3000 Shoreline Dr Austin, TX 78728 (512) 251-9814

Fax: (512) 251-0890

www.wellsbranchmud.com
Office hours: Mon – Fri 6am-8pm

Wells Branch Neighborhood Association

(512) 656-0654

www.wbna.us/

WB Neighbors Google Group: email wbneighbors@gmail.com with subject line Request to Join

Important numbers for area residents

Emergency Services - Travis County

Sheriff's Office 512-854-9770 <u>www.tcsheriff.org</u>

Non-Emergency 311 Emergency 911

Pflugerville Fire Department 512-251-2801 <u>www.pflugervillefire.org/</u>

Travis County

Travis County 512-854-9020 <u>www.traviscountytx.gov</u>
Travis County Appraisal District 512-834-9317 <u>www.traviscad.org</u>

County Courthouse 512-473-9000 <u>www.traviscountytx.gov/courts</u>

Homestead Exemption 512-873-1560

https://traviscad.org/homesteadexemptions

Voter Registration 512-854-9473

https://tax-office.traviscountytx.gov/voters

Precinct 2 Commissioner 512-854-9222

www.traviscountytx.gov/justices-of-peace/jp2

Williamson County

Williamson County 512-943-1100 <u>www.wilco.org</u>

County Courthouse 512-930-4300 https://www.wilco.org/Elected-

Officials/Clerks/County-Clerk/Courts-Division

Precinct I Commissioner 512-244-8610

Service Numbers and Websites

Atmos Energy (gas service) 888-286-6700 <u>www.atmosenergy.com</u>

Bluebonnet Post Office 512-873-9289

www.uspspostoffices.com/tx/austin/bluebonnet

Report mail related crimes https://www.uspis.gov/report

Department of Health 512-972-5000 <u>www.austintexas.gov/department/health</u>

Hazardous Waste 512-974-4343 <u>www.austintexas.gov/dropoff</u>

Pest Problems 311

austintexas.gov/department/vector-control

Road and sidewalk maintenance 512-854-9383

https://www.traviscountytx.gov/tnr/public-works/road-

maintenance

Streetlight Outage

Oncor Service Area 888-313-4747 www.oncorstreetlight.com
Austin Energy Service Area 512-322-9100 www.austinenergy.com
Wildlife Rescue 512-472-9453 www.austinwildliferescue.org

Austin

City Hall

301 W. Second Street Austin, TX 78701

For postal mail and packages use:

City of Austin

Name of Intended Department

ATT: Name of Recipient

P.O. Box 1088

Austin, TX 78767

For contact information for all city

departments:

www.austintexas.gov/contact-us

Round Rock

City Hall

221 East Main Street Round Rock, TX 78664 (512) 218-5400

For contact information for all city departments:

www.roundrocktexas.gov/about/contact/

Mayor Craig Morgan

(512) 218-5410

cmorgan@roundrocktexas.gov

Pflugerville

City Hall

100 E. Main Street Pflugerville, TX 78660 (512) 990-6100

Mailing address:

P.O. Box 589

Pflugerville, TX 78691

For contact information for all city

departments:

www.pflugervilletx.gov/city-government/departments

Mayor Steve Adler

(512) 978-2100

City Council

District 7 Council Member Leslie Pool (512) 978-2107

City Manager Spencer Cronk

(512) 974-2200

City Council Members

Place I: Michelle Ly

Place 2: Rene Flores

Place 3: Matthew Baker

Place 4: Frank Ortega

Place 5: Kristin Stevens

Place 6: Hilda Montgomery

512-218-5410

citycouncil@roundrocktexas.gov

Mayor Victor Gonzales

Victor.gonzales@pflugervilletx.gov

(512) 990-6103

City Council

Place I: Doug Weiss

Place 2: Ceasar Ruiz

Place 3: Kimberly Holiday

Place 4: Rudy Metayer

Place 5: Jim McDonald

Place 6: David Rogers

(512) 990-6103

citysecretary@pflugervilletx.gov

Federal & state government representatives Federal Elected Officials

Office of the President / White House

President Joe Biden

The White House 1600 Pennsylvania Avenue Washington, DC 20500

www.whitehouse.gov/get-involved/write-or-call/

White House switchboard: (202) 456-1414

Comments line: (202) 456-1111

United States Senate

John Cornyn (R-TX)

517 Hart Senate Office Building Washington, DC 20510 (202) 224-2934

www.cornyn.senate.gov/contact

Austin office: Chase Tower 221 West Sixth Street, Suite 1530 Austin, TX 78701 (512) 469-6034

Ted Cruz (R-TX)

I27A Russell Senate Office Building Washington, DC 20510 (20) 224-5922 www.cruz.senate.gov/?p=form&id=16

Austin office:

300 E. 8th Street, Suite 961 Austin, TX 78701 (512) 916-5834

United States House of Representatives

To find your Congressional district by zip code: www.house.gov/representatives

Congressman Michael T. McCaul (R-TX) 10th district

2001 Rayburn House Office Building Washington, DC 20515 (202) 225-2401

Austin district office: 3301 Northland Drive, Suite 212 Austin, TX 78731 (512) 473-2357

Congressman Pete Sessions (R-TX)

17th district

2204 Rayburn House Office Building Washington, DC 20515 Phone: (202) 225-6105

College Station district office: 2700 Earl Rudder Fwy, S. Highway 6 Suite 4500 College Station, TX 77845-2804 Phone: (979) 431-6340

Congressman Chip Roy (R-TX) 21st district

1319 Longworth House Office Building Washington, DC 20515 (202) 225-4236

Austin district office: 5900 Southwest Parkway, Bldg 2 Suite 201a Austin, TX 78735 (512) 871-5959

Congressman Roger Williams (R-TX) 25th district

1708 Longworth House Office Building Washington, DC 20515 (202) 225-9896

Austin district office: 5806 Mesa Drive, Suite 390 Austin, TX 78731 Phone: (512) 473-8910

State Elected Officials

Office of the Texas Governor Governor Greg Abbott

Office of the Governor
I 100 San Jacinto Blvd, Suite 151B
Austin, TX 78701
Office of the Governor main switchboard:
(512) 463-2000
Information, Referral, Opinion Hotline:
(512) 463-1782
gov.texas.gov/contact

Congressman John Carter (R-TX)

3 Ist district

2208 Rayburn H.O.B. Washington, D.C. 20515 (202) 225-3864

Round Rock district office: 1717 North IH 35, Suite 303 Round Rock, TX 78664 (512) 246-1600

Congressman Lloyd Doggett (D-TX)

35th district

2307 Rayburn House Office Building Washington, DC 20515 (202) 225-4865

Austin district office: 300 E. 8th Street, 7th Floor Austin, TX 78701 (512) 916-5921

Office of Comptroller of Public Accounts Glenn Hegar

Lyndon B. Johnson State Office Building
111 East 17th Street
Austin, TX 78774
Monday – Friday 8am – 5pm

Weather, Disaster, Emergency Preparedness

American Red Cross of Central Texas

If you have experienced a home fire or other emergency and need immediate relief: I-800-RED CROSS (733-2767)

If you need to initiate an emergency communication message for a member of the military: 1-877-272-7337

2218 Pershing Drive Austin, TX 78723 (512) 928-4271

www.redcross.org/local/texas/central-and-south-texas.html

Regional Headquarters serving Bastrop, Burnet, Caldwell, Fayette, Hays, Lee, Milam, Travis, and Williamson counties. Services include disaster relief and preparedness, CPR and first-aid training, international family tracing, and support for military, veterans, and their families.

ATX Floods

www.atxfloods.com/closures

Map showing flooded and low water crossings in the Austin area, updated in real time.

Austin Disaster Relief Network

Disaster Survivor Hotline: (512) 806-0800

1122 East 51st Street Austin, TX 78723 (512) 428-6322

admin@adrntx.org

adrn.org/training/training-opportunities/

Consortium of 185 churches in the greater Austin area; trains volunteers for disaster response and relief. Training opportunities include emergency response, critical incident stress management, first aid and CPR, conflict resolution, HAM radio, call center training, and more.

City of Austin Office of Homeland Security and Emergency Management

See Austin's Emergency Operations Basic Plan here:

https://www.austintexas.gov/sites/default/files/files/HSEM/Basic%20Plan%2003-21-2020.pdf

Disaster Ready Austin

www.austintexas.gov/disasterreadyaustin

Resources available about:

Basic preparedness

Small business preparedness

First aid

Flash flood

Wildfire

Severe weather Pandemic (flu)

Hazardous materials (hazmat)

To request a presentation contact: Nelson Andrade (512) 974-0471

Travis County Office of Emergency Management

5010 Old Manor Road Austin, TX 78723 (512) 974-0450

www.traviscountytx.gov/emergency-services/emergency-management

Chief Emergency Management Coordinator Eric Carter (512) 974-0473

Warn Central Texas

Emergency warnings by text, email, or phone. Sign up at warncentraltexas.org/

Adult and continuing education

English as a second language

Austin Community College Adult Education

Highland Campus Room Building 2000 6101 Highland Campus Dr, Austin, TX 78752 (512) 223-5123 Eastview Campus 1209a 3401 Webberville Rd, Austin, TX 78702 (512) 223-5100

adulted@austincc.edu

https://www.austincc.edu/academic-and-career-programs/adult-education/english-as-a-second-language-esl

Free ESL courses offered throughout Austin for students 16 years of age and older.

Casa Marianella (Currently not available)

821 Gunter Street Austin, TX 78702 (512) 385-5571

info@casamarianella.org

www.casamarianella.org/legal-services/esl-classes

3 levels of free English classes offered (beginning, intermediate, and advanced), in 10-week long terms, for both Casa residents and members of the community. *currently inactive but they will resume*.

El Buen Samaritano

7000 Woodhue Dr Austin, TX 78745 (512) 439-8900

education@elbuen.org

www.elbuen.org/education-supports/adult-education

ESL classes levels one through four; they also offer free ESL beginner and advanced conversation classes. All classes are via zoom.

First United Methodist Church ESL

1300 Lavaca (512) 478-5684 esl@fumcaustin.org https://fumcesl.org/

Free English classes on Zoom every Monday and Thursday from 10:00 to Noon

Foundation Communities ESL

Sierra Vista Learning Center 4320 S. Congress Ave. Austin, TX 78745 512-610-4020 ESL@foundcom.org Trails at Vintage Creek Learning Center 7104 Northeast Dr Austin, TX 78723

www.foundcom.org/education/esl

Free ESL classes (basic and intermediate) for adults in both North and South Austin. Free childcare for children 6 months and older.

Literacy Council of Williamson County

Round Rock Public Library 216 East Main St (512) 869-0497

info@LiteracyCouncilWILCO.org

www.literacycouncilwilco.org/register-for-class

ESL courses offered in Georgetown, Cedar Park, Leander, Taylor, Round Rock, and Bartlett. Download the application online.

Manos de Cristo

4911 Harmon Avenue Austin, TX 78751 (512) 270-1375

www.manosdecristo.org/education.html

ESL courses offered in 16-week semesters. \$50 per course. Financial aid available. Childcare offered for children ages 2 to 5.

University of Texas

celta@austin.utexas.edu

global.utexas.edu/english-language-center/programs/free-classes

Free ESL courses taught by teachers-in-training from UT. Priority given to refugees and asylum seekers. Participants must purchase a textbook (approximately \$50). Classes meet 5pm—7pm Monday through Friday.

GED and high school diploma

Austin Community College

Highland Campus Room 1402 6101 Airport Blvd. Austin, TX 78752 (512) 223-5123 Eastview Campus Room 1209A 3401 Webberville Rd Austin, TX 78702

adulted@austincc.edu

www.austincc.edu/academic-and-career-programs/adult-education/high-school-equivalency-ged

Free classes to help students earn a high school equivalency certificate.

Goodwill Excel Center

1015 Norwood Park Blvd Austin, TX 78753 Paul Sokolow 512.637.7468

<u>paul.sokolow@excelcenterhighschool.org</u> <u>www.goodwillcentraltexas.org/excel-center</u>

Free public charter high school that helps adults ages 18-50 earn a high school diploma and professional certifications. Night classes, ESL program, free childcare, transportation vouchers, and other support services are offered.

LifeWorks High School Equivalency Program

South Austin Youth & Family Resource Center 3700 South 1st Street
Austin, TX 78704
(512) 735-2400

www.lifeworksaustin.org/ged

Free high school equivalency classes for youth ages 16-26. The program also pays for GED Ready tests, as well as the official GED Exam or the HiSET practice test and exam.

Literacy Coalition of Central Texas

724 Eberhart Ln, Suite 500 Austin, TX 78745 (512) 326-8655 ext. 126 learningcenter@willread.org www.willread.org/learningcenter

Free GED and HiSET classes for adults 18 years and older. Classes offered in person and online.

Literacy Council of Williamson County

(512) 869-0497

www.literacycouncilwilco.org/register-for-class

GED and ABE classes offered in Georgetown, Taylor, Leander, Round Rock, Hutto, and Bartlett. Apply online or call for more information. *Virtual classes only*.

College courses

Free Minds

(512) 610-7961

freeminds@foundcom.org

www.freemindsaustin.org

Free college classes in the humanities taught by ACC and UT professors, credit from ACC upon completion, free tuition, books, and meals on class nights, free childcare, and more. Eligible applicants must be at least 18 years old, have a high school diploma or GED, not yet have a college degree, and have a demonstrated financial need. Child care for children ages five and up.

Computer skills

AGE Computer Lab

3710 Cedar St. Austin, TX 78705 (512) 524-8519

director@agecomputer.org

www.agecomputer.org

Low-cost technology classes for seniors, ranging from digital photography to medical and health devices to computer programming. *Online at the moment*.

Austin Area Urban League

8011A Cameron Rd Austin, TX 78754 (512) 478-7176

Workforce & Career Development Director: Charelesa russell@aaul.org

www.aaul.org/workforce-career-development

Workforce development and training classes, including computer skills, offered for free. Four-week course.

Austin Free-Net

The DeWitty Center 2209 Rosewood Ave. Austin, TX 78702 (512) 236-8225

access@austinfree.net

https://www.austinfree.net/public-access-programs

Main training site computer lab open from 9am - 5pm, Monday - Friday.

Free digital literacy program, open to all members of the community. Courses in Spanish and sessions focused on seniors also available. Some trainings take place in other locations; check schedule on the website for current information.

El Buen Samaritano Digital Literacy english and spanish.

7000 Woodhue Dr Austin, TX 78745 (512) 439-8900

education@elbuen.org

www.elbuen.org/education-supports/adult-education

Computer literacy courses include computer basics, Office 2010, and tailored tutoring.

Manos de Cristo

4911 Harmon Avenue Austin, TX 78751 (512) 270-1375

http://manosdecristo.org/need-our-help/education-2/

8-week computer courses that meet twice weekly. Topics include computer basics, word processing, Internet navigation, e-mail, and the use of spreadsheets. Instruction is bilingual in English and Spanish when bilingual instructors are available.

Continuing education

Austin Community College

6101 Highland Campus Dr. Austin Tx 78752 (512) 223-7542

ceregistration@austincc.edu

continue.austincc.edu

ACC offers continuing education for career development (job training and certifications), corporate training (on-site for employers), and personal enrichment programs. Visit the website to learn more about specific programs.

Lifetime Learning Institute of Austin

7703 North Lamar, Suite 250 Austin, TX 78752 (512) 206-4232

www.lliaustin.org

Continuing education program of non-credit daytime courses for adults 50 years old or more, for \$30 per course. Classes include yoga, music instruction, humanities, social sciences, theology, and more.

Clothing

The Caring Place

2001 Railroad Avenue Georgetown, TX 78626 (512) 943-0700

https://www.caringplacetx.org/

The Shops at The Caring Place: I I:00am-4:00pm Monday-Saturday Clothing and housewares provided for those in crisis. Must live in Georgetown or other service areas.

Foundation for the Homeless

6719 N Lamar Blvd., Suite D
Austin, TX 78752
(512) 453-6570
info@foundationhomeless.org
https://www.foundationhomeless.org/
Clothing closet and hygiene products

The Helping Hands Center

I161 San Bernard Street
Austin, TX 78702
(512) 472-2298
obchelpinghands@sbcglobal.net

Tuesdays 9am – 12 pm; Ist and 3rd Saturdays of the month 9am – 12pm: provides a clothing closet for Travis County residents in need. People may access the clothing closet once every month. Currently only having food giveaways, no clothes service due to COVID19

Operation School Bell by Assistance League of Austin

4901 Burnet Rd
Austin, TX 78756
Offices (512) 458-3716
Thrift house (512) 458-2633
president@alaustin.org
www.assistanceleague.org
Provides clothing, shoes, toiletrie

Provides clothing, shoes, toiletries, and a backpack to children in AISD schools and shelters.

Round Rock Area Serving Center

1099 E. Main Street
Round Rock, TX 78664
(512) 244-2431
Monday through Friday 10 am – 4 pm and
Saturday 10 am – 2 pm
Clothing vouchers available for the thrift store

University United Methodist Church

2409 Guadalupe
Austin, TX 78705
(512) 478-9387
Saturdays 9:30am – I I am Fig Leaf Store
provides donated clothing and household items

Salvation Army Williamson County Service Center

1930 S. Austin Avenue, Suite 101 Georgetown, TX 78626 Clothing closet for adults and children

Counseling

AliveAustin

6448 E. Highway 290, E-114 Austin, TX 78723 (512) 561-0609

info@aliveaustin.com

www.aliveaustin.com/

Therapy for individuals, children, adolescents, and families, with 40 group therapy offerings. Initial consultation is free, and subsequent sessions are offered on a sliding scale.

Anxiety and Stress Clinic at UT Austin

At the Institute for Mental Health Research 108 E. Dean Keeton St, A8000 Austin, Texas 78712 anxietystressclinic@utexas.edu

clinics.la.utexas.edu/anxiety-and-stress-clinic/

Individual and group therapy affiliated with the Institute for Mental Health Research. Rates are on an income-based sliding scale and begin at \$45 for individual sessions and \$25 for group sessions. All services have moved online. Phone is not monitored. Email works.

Austin DBT Associates

Austin North 8500 N. Mopac Expwy, Suite 402 Austin, TX 78759 (512) 90-ADBTA (23282) Pflugerville Office 302 N. Heatherwilde Blvd Suite 300 Pflugerville, TX 78660

 $\underline{appointments@austindbtassociates.com}$

adbta.com/

Dialectical behavioral therapy for individuals (including adolescents), family, and groups. Services start at \$50 and are available on a sliding scale for those in need.

Austin Center for Grief and Loss

2413 Greenlawn Pkwy Austin, TX 78757 (512) 472-7878 info@austingrief.org

www.austingrief.org

Individual therapy, group therapy, and workshops for adults, children, and adolescents experiencing trauma, grief, and loss around the death of a loved one or divorce/separation. Insurance accepted; for those not covered by insurance, they offer a sliding scale fee schedule based on current financial situation and need.

Austin Child Guidance Center

810 W. 45th Street Austin, TX 78751 (512) 451-2242

www.austinchildguidance.org

If an intake determines ACGC is a good fit, then a family is eligible for individual, family, and group therapy; psychiatric evaluations; psychological assessments; and parent education classes. Services are offered on a sliding scale, based on family size and income.

Austin Family Institute

4407 Bee Cave Rd, Bldg 3, Ste 320 Austin, TX 78746 (512) 329-6611

info@austinfamilyinsitute.org

www.austinfamilyinstitute.org/

Family therapy, couples' therapy, individual counseling, and group therapy, available on a sliding scale.

Austin Men's Center

812 West 11th St., Suite 300-B Austin, TX 78701 (512) 477-9595

Currently on Telehealth only, not seeing clients in the office.

billbruzy@gmail.com

austinmenscenter.com

Anger management classes and individual anger counseling, supportive coaching and counseling for men experiencing life changes and distress. COVID: Telehealth

Bluebonnet Trails Community Services

Cedar Park Round Rock

1401 Medical Pkwy, Bldg C, Suite 300 1009 North Georgetown Street

Cedar Park, TX 78613 Round Rock, TX 78664
Office: (512) 259-1811 Office: (512) 255-1720
Intake: (844) 309-6385 Intake: (512) 244-8212

bbtrails.org

Multiple locations throughout Bastrop, Elgin, Georgetown, Giddings, Gonzales, Hutto, La Grange, Luling, Marble Falls, Round Rock, Schulenburg, Seguin, and Taylor. Counseling available for individuals, couples, family, and groups, of all ages, for those struggling with trauma, bullying, depression, anxiety, and other behavioral health challenges. Services offered on a sliding scale. The organization also offers other supportive behavioral health services such as case management, crisis services, and supported housing; see website for a full list or call intake to speak with a specialist.

Capital Area Counseling

7703 N. Lamar Blvd. Suite 500 Austin, TX 78752 (512) 302-1000

www.cacaustin.org/

Individual, relationship, family, and group counseling services with income-based fees. Therapy is offered in both English and Spanish. No session limits.

Catholic Charities Central Texas

1625 Rutherford Lane, Building B Austin, TX 78754 (512) 651-6100

counseling@ccctx.org

www.ccctx.org/counseling-services.html

Counseling offered in English and Spanish, in group, couples, family settings. Play therapy for children and individual counseling for adolescents offered. Virtual/teletherapy available. A sliding scale is available to those who qualify based on household size and income.

Center for Relational Care

11615 Angus Rd, Suite 218 Austin, TX 78759 (512) 492-6200 3000 Joe Dimaggio Blvd, Unit 30 Round Rock, TX, 78665

info@relationalcare.org

www.relationalcare.org

Christian counseling for individuals, couples, and families. Retreats and trainings offered. Financial assistance available for those with hardships.

The Center for Relationship

Westlake Villita West 3660 Stonelake Road, F102 Austin, TX 78746 (512) 465-2926

contact@thecenter4relationships.com

www.findmiycenter.org

Offers individual, couples, family, and group counseling, part of the Gottman Referral Network. Provides education and training through free events, paid workshops, and classes.

Central Austin Psychotherapy

1704 W. Koenig Lane Austin, TX 78756

www.centralaustinpsychotherapy.com/contact-l

Therapy appointments offered on a sliding scale (limited availability). Day, evening, and weekend appointments available.

The Christi Center

2306 Hancock Drive Austin, TX 78756 (512) 467-2600

https://christicenter.org/

Grief counseling for children, teens, and adults in a group, peer-supported setting (supervised by a licensed professional counselor). Services are free. Groups meet in a variety of settings and are specific to types of loss. Contact prior to visiting a group for the first time.

Counseling Practicum Clinic—Round Rock Campus

Avery Building, Ist level 1555 University Blvd Round Rock, TX 78665 (512) 716-4250

 $\underline{www.txstate.edu/clas/Professional-Counseling/counseling-services/RRC-Counseling-Practicum-Clinic.html}\\$

Graduate student-staffed counseling clinic open to individual adults, adolescents, children, couples, and families (the website notes, both traditional and non-traditional). Counseling services include mental health as well as career assessment and counseling.

Integral Care

Multiple locations, call to find out where the services you need are offered To learn about programs and services: (512) 572-HELP (4357) – press I for English, then press 3. info@integralcare.org

integralcare.org/

Counseling and case management available to children and adults living in Travis County. Integral Care also offers a wide range of other mental and behavioral health services; an intake specialist can help connect you to the appropriate resources for you and your family. Services provided based on an ability-to-pay sliding fee schedule.

Jewish Family Services

7300 Hart Lane Austin, Texas 78731 (512) 250-1043

Offering counseling online only at the moment

ifs@shalomaustin.org

https://shalomaustin.org/jfs/

Social services branch of Shalom Austin. Counseling, psychotherapy, support groups, case management, and more, offered to the Austin Jewish community and to the larger community. Contact for more information.

Lifeworks

North Austin Youth & Family Resource Center 8913 Collinfield Dr. Austin, TX 78758 (512) 735-2400

www.lifeworksaustin.org/counseling

Counseling for youth and adults, community-based peer support groups, shared psychiatric services, and resolution counseling offered. Services are offered on a free or affordable basis.

Luminary Counseling

6633 E Hwy 290 suite #110 Austin, Texas 78723 (512) 657-7744

https://www.luminarycounseling.com/

contact@luminarycounseling.com

Individual psychotherapy, couples/pre-marital counseling, and family therapy, with services available on a sliding scale if needed. Focus on serving diverse populations, LGBTQ+ counseling, and services for artists need therapeutic support.

NAMI Austin

4110 Guadalupe Street, Bldg 781 Austin, TX 78751 (512) 420-9810 info@namicentraltx.org

namicentraltx.org

Peer-to-peer support groups and therapeutic groups offered for adults with mental health concerns. Support groups for family members, partners, and parents also available. Support groups are drop-in, no registration required, and are free.

New Life Institute

St Luke United Methodist Church 1306 W. Lynn Street Rm 8 (512) 469-9447

newlifetexas@protonmail.com

www.newlifetexas.org/

Provides professional therapy services regardless of ability to pay (sliding scale available for those unable to pay regular fees). Psychological testing and assessment available. Sees clients of any age, race, sex, spiritual/religious belief, sexual orientation, gender identity, political affiliation, and national/cultural background.

Open Path Collective

I (800) 268-2833

openpathcollective.org/city/austin/

Psychotherapy between \$30-\$60 a session for individual therapy, or \$30-\$80 a session for couples/family sessions. Open Path has an "all are welcome" mission, include people of all races, religions, sexual orientations, gender identities and expressions, countries of origin, abilities, bodies, ethnicities. Visit the website or call for intake.

PLAN Central Texas

4110 Guadalupe, Bldg. 781, Ste. 410 Austin, TX 78751 (512) 851-0901

info@planctx.org

planctx.org

Behavioral health services for persons with mental health challenges, along with their family members or caregivers. Services include care management, counseling, and peer assistance.

Plumeria Counseling Center

2501 W. William Cannon Drive Bldg 6, Ste A Austin, TX 78745 (512) 344-9181

info@plumeriacc.com

www.plumeriacc.com

Assessment and counseling services for individuals, children, teens, couples, families, and groups. Therapy sessions start at \$40, depending on the counselor. Some accept insurance or EAPs.

Pregnancy and Postpartum Health Alliance

Melissa Bentley (512) 920-3737 Beth Thomas (512) 590-1853

info@pphatx.org

www.pphatx.org/

The website includes a provider directory of therapists, counselors, and other mental health professionals who work with perinatal mood or anxiety disorders. PPHATX also offers three programs for people with postpartum depression, anxiety, or OCD, who have demonstrated financial need: therapy voucher program, psychiatric voucher program, and the postpartum doula program.

Relational Counseling Services

141 Lookout Circle Hutto, TX 78634 (512) 795-4088

relationalcounselingservices.com/

Individual and couples counseling. Free initial consult. Sliding scale rates available based on financial need, beginning at \$50 for individual counseling and \$75 for couples counseling. Some insurance carriers accepted.

Relationship Counseling Center of Austin

4131 Spicewood Springs Road, G-I Austin, TX 78759 (512) 270-4883

rccaustin.com/

Sliding scale counseling services for Austin area couples, individuals, and families (including teens). Weekend and evening appointments available. Sessions start at \$80.

SAFE Counseling

P.O. Box 19454 Austin, TX 78760 (512) 267-SAFE (7233) Text: (737) 888-7233

Chat online at safeaustin.org/chat

www.safeaustin.org/our-services/face-to-face-support/counseling/

Counseling through the SAFE Alliance. Free and confidential counseling/therapeutic services for survivors of domestic violence, offered in multiple languages including Spanish and American Sign Language. Individual, group, and family counseling offered to help cover a range of needs. Phone counseling available for survivors and families who have significant barriers to attending in-person.

Samaritan Center for Counseling

 Main Office
 Georgetown

 8956 Research Blvd, Bldg 2
 3613 Williams Dr, Bldg 301

 Austin, TX 78758
 Georgetown, TX 78628

 (512) 451-7337
 (512) 931-0101

samaritan-center.org/

Services include mental health counseling for children, adolescents, adults, and family in various therapy modalities; group therapy; peer support services; pastoral or spiritual counseling; telemental health. They are partnered with the Military Veteran Peer Network to provide additional support for veterans and their families. Most major insurance accepted; for private pay clients, counseling fees may be adjusted based on client income and household size.

SIMS Foundation

3010-B South Lamar Austin, TX 78704 (512) 494-1007

simsfoundation.org

Mental health and substance use recovery support for Austin musicians, music industry, and their families. Counseling services include individual (adults and children), couples, family, band, and group sessions. Grief counseling is also available.

Sol Community Counseling

13805 Ann Place Austin, TX 78728

(512) 366-0954

solcommunitycounseling.org/

Multidisciplinary center offering accessible, affordable holistic counseling services

Survivors of Suicide

Meetings take place at St. David's North Austin Medical Center.

12221 Mopac Expwy North

2nd Floor, Room 2-C

Austin, TX 78758

Linda Davis (512) 560-6115

Online meetings only

www.sos-austin.org/

Meetings are on the I^{st} and 3^{rd} Tuesday of each month, from 6:30pm – 8:30pm. Group meetings offering grief support for people who have lost a loved one to suicide. Other resources available on the website.

Texas State Community Counseling Clinic

Assessment & Counseling Clinic—San Marcos

Education 4032

601 University Drive

San Marcos, TX 78666

(512) 245-8349

www.txstate.edu/clas/Professional-Counseling/counseling-services/Assessment-and-Counseling-Clinic-SM.html

Counseling by Master's level interns who are pursuing graduate degrees in professional counseling, offered at \$20 per hour, and less for those who demonstrate financial need. For persons associated with Texas State University, or who live in San Marcos and Hays County communities.

Therapy Austin

Main North

1415 W. 51st Street #1 8500 Shoal Creek, Bldg 4, #202 Austin, TX

Austin, TX 78756 78757

(512) 201-4501

www.therapyaustin.com

Individual and couples counseling. Reduced-fee sessions available from \$85. Visit the website to fill out an intake form and be matched with a counselor.

Thriveworks

Pflugerville office:

2911 South AW Grimes Blvd, Suite 330

Pflugerville, TX 78660

Round Rock office:

1101 Satellite View #603

Round Rock, TX 78665

(512) 955-3074 (512) 212-7045

6 other locations in the greater Austin area, including in Bastrop, Cedar Park, and Georgetown.

thriveworks.com/pflugerville-counseling/

Individual and couples counseling around a wide range of mental health and relationship topics; psychological assessment available.

Waterloo Counseling

314 E. Highland Mall Blvd, Suite 301 Austin, TX 78752 (512) 444-9922

info@waterloocounseling.org

www.waterloocounseling.org

Provides affordable, culturally sensitive mental health services to all people, regardless of gender, sexual identity and expression, or HIV status. Individual therapy available both in person and through a HIPAA-compliant web page; group therapy also offered. Costs assessed on a sliding scale according to income, insurance also accepted.

Wonders and Worries

9101 Burnet Road Ste 205 Austin, TX 78758 Office: (512) 329-5757

Helpline: I (844) WE-WONDER (939-6633)

info@wondersandworries.org

wondersandworries.org

Supports families during a parent's illness through individual counseling sessions, group sessions, parenting support, community events, and bereavement support.

YWCA Women's Counseling and Resource Center

2015 South IH-35 Frontage Road, Suite 110 Austin, TX 78741 (512) 326-1222 info@ywcaaustin.org

ywcaaustin.org

Affordable, trauma-informed counseling and support services for individuals, couples, families, and groups, in English and Spanish (inquire about availability of other languages). Special therapeutic programs for veteran women and victims of crime.

Domestic Violence, Physical and Sexual Assault

American Gateways

314 E. Highland Mall Blvd, Suite 501 Austin, TX 78752 (512) 478-0546 ext. 200

www.americangateways.org/

Provides legal services for immigrants, including Violence Against Women Act petitions, T visas for survivors of trafficking, and more.

Asian Family Support Services of Austin

P.O. Box 14234 Austin, TX 78761 24-hour Hotline I (877) 281-8371 (512) 651-3743 info@afssaustin.org

afssaustin.org

Programs include crisis intervention services for survivors (case management, legal and immigration advocacy, individual and group counseling), assistance meeting basic needs, accompaniment to hospital for sexual assault survivors, community education and outreach. All services provided in the language that the survivor best identifies with.

Bastrop Family Crisis Center

431 Old Austin Hwy Bastrop, TX 78602 (512) 321-7760

24/7 Hotline: (512) 303-7755

family-crisis-center.org

Services include 24/7 crisis hotline, emergency shelter and transitional housing for victims and their families, coordination of emergency transportation and resources for individuals in immediate crisis, case management, legal/personal/medical/criminal justice system accompaniment, counseling services, and offender accountability programs.

Emergency Contraception Website

https://www.womenshealth.gov/a-z-topics/emergency-contraception

A program from Office on Women's Health to increase knowledge about and access to emergency contraception.

Hays-Caldwell Women's Center

P.O. Box 234 San Marcos, TX 78667

24-hour Hotline: I (800) 700-4292

Office: (512) 396-3404

hcwc.org

Free and confidential services for women, men, and children affected by family violence, dating violence, sexual assault, and child abuse, who live, work, or attend school in Hays and Caldwell Counties. Services available in Spanish and English.

HOPE Alliance

1011 Gattis School Rd, Ste 110 Round Rock, TX 78664 (512) 255-1212

24-hour crisis hotline: I (800) 460-7233

hopealliancetx.org

All services provided are free and confidential. Emergency shelter available for victims of domestic or sexual violence. Food, clothing, safety planning, case management, counseling, and legal advocacy are available to those staying in the shelter. HOPE Alliance can send a certified sexual assault advocate to accompany you to a hospital; advocates can accompany you to law enforcement interviews or criminal justice proceedings. Other services include help finding long-term housing, children's services, protective order assistance, advocacy, crime victims' compensation, community outreach, and counseling/support groups.

People Against Violent Crime

P.O. Box 92621 Austin, Texas 78709 (512) 837-PAVC

peopleagainstviolentcrime.org

Non-profit providing crisis intervention counseling, follow-up contact, information and referral, assistance with filing compensation claims, accompaniment, personal advocacy, and awareness of victim's rights.

RAINN (Rape & Incest National Network)

National Sexual Assault Hotline. Free. Confidential - I (800) 656-HOPE www.rainn.org

SAFE Alliance (Stop Abuse for Everyone)

1515 Grove Blvd, Bldg A

Austin, TX 78741

Walk-in hours: Monday – Friday, 8am – 4pm

(512) 267-SAFE (7233)

Text: (737) 888-SAFE (7233)
Chat: www.safeaustin.org/chat
Site: https://www.safeaustin.org/

SAFEline crisis intervention specialists handle calls from survivors, families, and allies who need support with situations of sexual abuse, sexual harassment, domestic violence, child abuse, and human trafficking. Walk-in support available (30 minutes) at the address above.

What SAFE offers:

- crisis intervention and emotional support
- safety planning
- resource referrals and information to SAFE & other community resources
- Address Confidentiality Program paperwork
- Information about laws around lease termination for survivors

What SAFE does **not** offer:

- Immediate shelter
- Financial assistance
- Case management
- An immediate counseling session
- Basic need items (food, clothing, etc.)
- Buss pass or taxi voucher
- Legal advice

Texas Advocacy Project

I (800) 374-HOPE

texasadvocacyproject.org

Resources, support, and services available for survivors of family and dating violence, sexual assault, and stalking, including legal services. Call or visit the website to complete intake for legal services.

Texas Association Against Sexual Assault

7700 Chevy Chase Dr. Ste 230 Austin, TX 78752 (512) 474-7190

info@taasa.org

taasa.org

Statewide coalition of rape crisis centers, advocates, and survivors. Not a direct services provider, but can connect those in need to resources in their area.

Texas Council on Family Violence

TCFV Technical Assistance Line: I (800) 525-1978

TCFV Office: (512) 794-1133

tcfv.org/findhelp/

State-wide nonprofit that connects Texans to resources for survivors and offenders of family violence.

Employment & Training

Austin Area Urban League Workforce & Career Development Program

8011A Cameron Road Bldg A-100 Austin, TX 78754 (512) 478-7176

communications@aaul.org

aaul.org/workforce-career-development

Provides free career counseling, employment assistance, professional development workshops, occupational training, financial literacy, and long-term retention strategies.

Austin Free-Net

2209 Rosewood Ave, Austin, TX 78702 (512) 236-8225

access@austinfree.net

austinfree.net

Free digital literacy training, Accelerate Training Program for careers in Information Technology, and more.

BiGAUSTIN (Business, Investment, Growth)

800 Centre Park Drive, Ste 200 Austin, TX 78754 (512) 928-8010

info@bigaustin.org

https://www.bigaustin.org/job-skills-program

Free classes and assistance with job placement in Information Technology and Construction for qualified students (earning less than \$37.000 annually with a dependent child, recipients of TANF and SNAP). Must reside in Austin City Limits.

Capital IDEA

835 N. Pleasant Valley Rd, Third floor Austin, TX 78702 (512) 457-8610 info@capitalidea.org

capitalidea.org

Provides free post-secondary education in tech, healthcare, and trades, for non-traditional and low-income students.

Caritas of Austin

Headquarters
611 Neches Street
Austin. TX 78701

Caritas North 9027 Northgate Boulevard Austin, TX 78758

(512) 479-4610

www.caritasofaustin.org/what-we-do/employment/

Individual employment plans for clients based on experience, skills, and goals. Services include resume development, interview preparation, assistance procuring work uniforms and tools, bus passes and bicycles for getting to work, and more. To see if you qualify for the program, visit the website and submit the Assessment.

City of Austin Employment Assistance Centers

Asian American Resource Center 8401 Cameron Rd Austin, TX 78754 (512) 974-1700 Wednesdays 9:30am – 6pm DeWitty Training and Employment Center 2209 Rosewood Avenue, Suite 210 Austin, TX 78702 (512) 974-2751 Monday – Friday, 8am – 4:45pm

African American Youth Harvest Center 6633 Hwy 290, Suite 303 Austin, TX 78723 (512) 428-4480 ext. 218 Monday and Tuesday, 9am – 4pm Workforce Solutions (North) 9001 N, N Interstate Hwy 35 Ste 110, Austin, TX 78753 (512) 454-9675 Mon, Tue and Fri 8:30AM-5:00pm

www.austintexas.gov/EmploymentAssistance

City of Austin Employment Services Specialists can provide assistance with:

- Learn how to search and apply for City jobs.
- Get help setting up a City of Austin Employment application.
- Have an Employment Specialist help you develop or review your resume to make it more competitive in today's job market.
- Get assistance and advice on preparing for your next interview.
- Learn about other Community resources available to job seekers.

Easterseals Central Texas

2324 Ridgepoint Dr # FI Austin, TX 78754 Phone: (512) 615-6800

www.easterseals.com/centraltx/our-programs/work.html

Job training, placement, and related services, including supported employment and transitions programs for adults with disabilities, mental health counseling to resolve problems that are barriers to maintaining employment, paid job training in the Easterseals Lawn & Landscape company.

Goodwill Central Texas Workforce Advancement Programs

Goodwill Community Center 1015 Norwood Park Blvd

Austin, TX 78753

Monday – Thursday: 9am – 4pm

Round Rock Job Help Center 150 West Palm Valley Blvd Round Rock, TX 78664

Georgetown, TX 78626

(512) 591-7808

TWTh 8-5 closed for lunch 12-1

Georgetown Community Resource Center

805 W. University Avenue, Suite 127

Goodwill Resource Center

6505 Burleson Road Austin, TX 78744

Monday - Thursday: 9am - 12pm & 1pm - 4pm

Friday: Ipm - 4pm

Intake contact for Austin & Round Rock: (512) 637-7580

intake@goodwillcentraltexas.org

www.goodwillcentraltexas.org/education-job-training

Services include career advancement training, interview coaching, educational programs, internship opportunities, career navigation, and occupational or technical certifications, temp-to-hire placements at local businesses and state agencies. Eligibility requirements listed on the website.

JobCorps

National Office 200 Constitution Avenue NW, Ste N4463 Washington, DC 20210 (202) 693-3000

Office of Job Corps 525 S Griffin St, Rm 403 Dallas, TX 75202-5002 (972) 850-4100

NationalOffice@jobcorps.gov

gary.jobcorps.gov/

U.S. Department of Labor program. JobCorps is a residential career training program which helps eligible youth ages 16-24 finish their high school diploma, train for a career, and find employment. Transitional support services in finding employment, housing, childcare, and transportation also provided.

Literacy Coalition of Central Texas Career Development

724 Eberhart Lane, Suite 500 Austin, TX 78745 (512) 326-8655 info@willread.org

willread.org/career-development

This program provides literacy, English as a second language, and job readiness services for low-income Travis County adult learners.

Skillpoint Alliance

8868 Research Blvd, Suite 505 Austin, TX 78758 (512) 323-6773 skillpointalliance.org

No-cost construction and healthcare training programs for eligible residents of Travis County.

Texas Workforce Commission

Workforce Solutions North 9001 N IH 35, Ste 110 Austin, TX 78753 (512) 454-9675 Monday, Tuesday, and Friday, 8:30am – 5pm Workforce Solutions South 6505 Burleson Road Austin, TX 78744 (512) 381-4223 Thursday and Friday, 8am – 4:30pm

Workforce Solutions East 3401 Webberville Road, Bldg 1000 Austin, TX 78702 (512) 223-5400

twc.texas.gov

Workforce programs and services for the Austin area. Childcare assistance is available for some attending school or in training. The website is a hub for information on unemployment, training, transitions from education to employment, worker rights, occupational and vocational skills, and more. Programs include:

- Information on unemployment insurance
- Workshops on resume writing, interviewing, and job search strategies
- Workforce Innovation and Opportunity Act (job search assistance, skills training for laid-off workers & low-income adults and youth)
- Workforce and Education Readiness Continuum (network of community partners to provide education and workforce services)
- Trade Adjustment Assistance (helps workers who are adversely affected by foreign imports or job shifts to foreign countries)
- Multi-Craft Core Curriculum (teaches tools and techniques of skilled trades from plumbing to electrical work to sheet metal/iron work)
- Senior Community Service Employment Program (services and training for low-income job seekers 55 years and older)
- Texas Rapid Reemployment Services (helps individuals who have used up their state & federal government unemployment benefits)

Families & Children

(See Counseling section for children's and family therapists)

Austin Kid's Directory

www.austinkidsdirectory.com

Directory of children's and family events, resources, services, businesses, schools, and more.

Adoption & foster services

Austin Angels

401 RM 967, Buda, from 191 Cimarron Loop, Ste. A, Buda (512) 312-4500

info@austinangels.com

www.austinangels.com

Organization that provides mentorship, community, and advocacy through volunteers and peer support, to foster and kinship children and families, especially those who have been through trauma, abuse, or neglect.

Department of Family and Protective Services (DFPS)

dfps.state.tx.us/adoption and foster care/get started

Foster Care and Adoption Information Meetings—meetings take place in a variety of locations around Travis and Williamson County; visit the website for the current schedule.

Lonestar Social Services

Toll-Free: (833) 668-8578 Local: (512) 202-3686

info@lonestarsocialservices.com

lonestarsocialservices.com

Organization that facilitates the short-term or permanent placement of children in the Texas foster care system. They offer adoption home assessment/inspection, home safety planning, first aid and CPR training, and more. LGBTQ+ friendly; inclusive of all religions.

SAFE: Foster and Adopt in Austin

SAFE Children's Shelter 4800 Manor Rd, Building A Austin, TX 78723 (512) 499-0090

safeaustin.org/our-services/shelter-housing/foster-adopt

Provides foster care, adoption services, and kinship care to families in Central Texas. Services include pre-placement and ongoing training, 24-hour on-call support for families, reliable access to respite care, access to on-site medical and therapeutic staff, team support for children's individual needs. Orientations held monthly; RSVP on the website.

The Settlement Home for Children's Foster and Adoption Program

1600 Payton Gin RoadAustin, TX 78758(512) 836-2150

info@settlementhome.org

www.settlementhome.org

The Settlement Home locates, screens, trains and verifies potential foster and adoptive parents. They provide continuing education and development for foster and adoptive families, as well as respite care and crisis intervention when needed.

Texas Foster Youth Justice

c/o Texas RioGrande Legal Aid 4920 North IH 35 Austin, Texas 78751 I (877) 313-3688 info@texasfosteryouth.org

www.texasfosteryouth.org

Provides legal support and guidance to foster youth and alumni across Texas. Website also includes a comprehensive directory of local and state resources for foster youth, such as help obtaining legal documents, receiving benefits that former foster youth are eligible for, getting into training or other programs to help with the transition out of foster care.

Baby supplies

Austin Diaper Bank

2210 Denton Drive, Suite 103 Austin, TX 78758 (512) 710-7232

info@austindiapers.org

austindiapers.org

The ADP partners with local agencies to provide diapers. A list is on the website, or you can fill out their form to find the distribution center nearest to you.

Mama Sana

(523) 720-5729

info@msvwatax.org

Providing free pregnancy, and postpartum support for pregnant people of color in Travis County.

Mother's Milk Bank Austin

5925 Dillard Circle Austin, TX 78752 (877) 813-6455 info@milkbank.org www.milkbank.org Provides donor human milk to babies (by prescription only). Highest-priority recipients are premature and ill hospitalized infants. Their Charitable Care Program helps cover the cost for families who might not be able to pay.

Round Rock Area Serving Center

1099 E Main St Round Rock TX, 78664 (512) 244- 2431

Hello@rrasc.org

https://www.rrasc.org/

Covers residents of the following postal codes: 78664, 78665, 78681, 78634, 78728 and 78717. Provides food pantry as well as diapers, baby clothes, infant formula, clothing, and more.

Texas WIC (Women, Infants, and Children)

800-942-3678

WICsupport@hhs.texas.gov

texaswic.org

Nutrition support for pregnant and breastfeeding women, new moms, infants, and families with children up to age 5; who meet income guidelines. Apply online.

Childcare and afterschool programs

Boys and Girls Clubs of the Austin Area

Home Club on the Sheth Family Campus 6648 Ed Bluestein Blvd. Austin, TX 78723 (512) 444-7199

maricela.casados@bgcaustin.org

https://www.bgcaustin.org/programs/join-the-club/

After-school program for children that emphasizes scholarship, social skills, and good citizenship. Clubs take place at particular schools; check website to see if your child's school is participating.

Child Care Aware

www.childcareaware.org

Provides a directory of childcare providers, as well as checklists and questions for parents and guardians to ask the potential caregivers.

City of Austin afterschool programs

www.austintexas.gov/department/after-school-programs

Programs for children kindergarten – 12 years old, that include a healthy snack, active play, enrichment, and homework help. Registration is required for all youth programs; see website for locations and application information.

Creative Action

1023 Springdale Rd, Bldg 3Austin, TX 78721(512) 442-8773

info@creativeaction.org

www.creativeaction.org/programs/after-school

Afterschool program for elementary students at their campus (from the end of school to 6pm), and Storybook Adventures, a program for pre-K students. The program does have a monthly fee, but financial aid is available for families who qualify.

DFPS Texas Child Care Search

Austin office: (512) 834-3426

dfps.state.tx.us/Child Care/Search Texas Child Care/ppFacilitySearchDayCare.asp

Web-based directory to help parents find licensed child care operations.

Workforce Solutions Capital Area Subsidized Child Care

Workforce Solutions Child Care Services 9001 N IH 35, Suite 110C, Austin, TX 78753 (512) 597-7191

austinccs@wfscapitalarea.com

https://www.wfscapitalarea.com/our-services/childcare/for-parents/

Partners with the City of Austin to provide subsidized childcare assistance for eligible low- to moderate-income working families in Travis County. When enrollment is not immediately available, there is a waitlist.

Children with special needs

Austin Area Resource Guide for Children with Special Needs

rmhc-ctx.org/wp-content/uploads/2014/09/Austin-Area-Resource-Guide-for-Children-with-Special-Needs.pdf

Online brochure with a directory of information resources, parent support, financial assistance, transportation, advocacy, early childhood intervention, education, therapy, and more, for families of children with special needs.

Children and Adults with Attention Deficit Disorder

1-866-200-8098

chadd.org/

Online resource directory for parents of children with ADD and ADHD.

Easterseals of Central Texas

2324 Ridgepoint Dr # F1 Austin, TX 78754

Phone: (512) 615-6800

www.easterseals.com/centraltx/our-programs/childrens-services/

Services include an early childhood intervention program and comprehensive outpatient rehabilitation facility for children and adolescents with disabilities.

EveryChild, Inc.

8400 North Mopac, Suite 201 Austin, TX 78759 (512) 342-8847

www.everychildtexas.org

Organization dedicated to developing family-based alternatives for children with disabilities currently residing in institutional or out-of-home placements.

Family Voices

Mailing address: 110 Hartwell Avenue,

Lexington, MA, 0242 I (888) 835-5669 www.familyvoices.org

National grassroots network of families advocating for health care services that are comprehensive, coordinated, and culturally competent for all children and youth with special health care needs.

NAMI

4110 Guadalupe Street, Bldg 781, Austin, TX 78751 512-420-9810

info@namicentraltx.org

namicentraltx.org/families

Offers a free 6-week course (either online or in-person) for parents and caregivers of children with mental health or behavioral concerns, providing strategies for taking care of children with these needs, and how to best support them at school and home.

Sammy's House

2415 Twin Oaks Dr. Austin, TX 78757 (512) 453-5258

info@sammyshouse.org

www.sammyshouse.org

Non-profit agency providing services for children both with and without special needs. They operate a child development center, a respite care program, summer camp, and family support services; the programs serve children 0-16 years old.

Texas Parent to Parent (TxP2P)

3710 Cedar Street, Box 12 Austin, TX 78705 (512) 458-8600

www.txp2p.org

Provides peer support, resource referral, and public awareness, for families of children with disabilities, chronic illnesses, or other special needs. Also publishes an online regional resource guide.

VELA

4900 Gonzales St Austin, TX 78704 (512) 850-8281

https://velafamilies.org/forfamilies/

Provides peer support, workshops, parenting classes, school IEP / ARD assistance, and more, for caregivers of children with special needs. Services offered in English and Spanish.

Divorce and co-parenting

Kids Exchange Network

traviscountytx.gov/dro/kids-exchange

Group of private providers administered by the Travis County DRO; assists families with child exchange when parents need to go from one parent to the other parent without the parents meeting. Costs for service vary; visit the website for more information and a list of providers.

Travis County Cooperative Parenting Program (CPP)

Travis County Domestic Relations Office 1010 Lavaca Austin, TX 78701 (512) 854-9690

https://www.traviscountytx.gov/dro/parenting-class

Nine-hour series of six co-parenting classes focusing on the needs of children and parents in the aftermath of separation or divorce. Registration online or in person (at the Domestic Relations Office). Visit the website for the current schedule of classes. Classes are free. Classes are online due to COVID

Texas Cooperative Parenting Online

txparent.com

Online version of the court-approved Travis County CPP. The course costs \$34.95, and may be completed on smart phone, tablet, laptop, or PC.

Single parenting

CoAbode

www.coabode.org

A network of single mothers and their children; the goal of the organization is to match families to combine resources in order to lighten financial burdens, have a home in a better school district, and have social support.

Jeremiah Program Austin

1200 Paul Teresa Saldaña Street Austin, TX 78702 (512) 770-9036

info@jeremiahprogram.org

www.jeremiahprogram.org/Austin

Provides support for single moms and their preschool aged children (0-5) through safe, affordable housing, onsite preschool and support for a career track education.

Maternal Infant Outreach (Austin Public Health)

(512) 972-5059

Cynthia.washington@austintexas.gov

https://www.austintexas.gov/department/maternal-infant-outreach-program

A network of single mothers and their children; the goal of the organization is to match families to combine resources in order to lighten financial burdens, have a home in a better school district, and have social support

Parents without Partners

1-800-637-7974

www.parentswithoutpartners.org

International non-profit organization supporting single parents and their children.

Safety

Baby-proofing resources:

www.HealthyChildren.org www.makesafehappen.com Recalls.gov windowcoverings.org

Car Seats through the Texas Department of State Health Services

((800) 252-8255

saferiders@dshs.texas.gov

www.dshs.state.tx.us/saferiders

Free car seat education and distribution program for low-income families.

Child Safety Seat Distribution and Education Program

800-252-8255

https://www.dshs.texas.gov/saferiders/distribution.shtm

The Safe Riders program manages a child safety seat distribution and education program to low income families.

Home Safety Checklists

St. Louis Children's Hospital: www.stlouischildrens.org/health-resources/pulse/home-safety-checklist

KidsHealth: kidshealth.org/en/parents/household-checklist.html

SafeKidsWorldwide: www.safekids.org/sites/default/files/full_safety_checklist.pdf

Project ChildSafe

https://projectchildsafe.org/safety kit site/?safety kit state=texas

List of law enforcement agencies that provide a free safety kit for parents who own firearms.

Safe Baby Academy

(512) 972-SAFE (7833)

EMSPubEd@austintexas.gov

www.austintexas.gov/department/child-safety

Free course from Austin Travis County EMS for expectant families or parents/caregivers of children under 12 months. Classes include: child passenger safety, home safety, water safety, safe sleep education, infant CPR/choking awareness. Car seat checks also provided. Register online or call.

Safe Kids Austin

www.dellchildrens.net/services-and-programs/safety-and-injury-prevention/safe-kids-austin/

Coalition focused on reducing child injury by promoting safety in vehicles, in and around the water, and while walking and biking. Primarily an informational website, with links to community partners.

Early childhood education

BornLearning

United Way of Hays & Caldwell Counties P.O. Box 1728 San Marcos, Texas 78667-6860 (512) 353-1420

https://www.unitedwayhaysco.org/born-learning-materials

Public engagement campaign that helps parents, grandparents, and caregivers use everyday interactions with babies to create learning opportunities.

Child, Inc.

818 East 53rd Street Austin, TX 78751

(512) 451-7361

childinc.org

Non-profit providing low-income families with early childhood education, mental health services, disabilities services, nutritional services, social services and parent engagement activities.

Early Learning Readiness @ YMCA Austin

Guerrero-Thompson 102 E. Rundburg Ln. Austin, TX 78753 (512) 236-9622

www.austinymca.org/programs/early-learning-readiness

Free program for children ages 2-4, designed to help develop the physical, verbal, and social skills they will need for kindergarten. Monday and Wednesday 9-11am

Success by 6

2000 E. MLK Jr. Blvd., Austin, TX 78702 (512) 472-6267

https://www.unitedwayaustin.org/success-by-6-plan/

Ensure at the end of the child's first 2000 days that they are happy, healthy, and ready to succeed in School and in life.

Zero to Three

zerotothree.org

Provides support and education for caregivers during the developmentally critical first 3 years of a child's life.

Education and schools

Area Public School Districts

Texas Education Agency School District Locator:

tea.texas.gov/Texas Schools/General Information/School District Locator

Enroll your child(ren): tea.texas.gov/Texas Schools/General Information/Enroll Your Child

Austin ISD

4000 S. I-H 35 Frontage Rd., Austin, TX 78704 (512) 414-1700 austinisd.org

Georgetown ISD

507 E. University Avenue Georgetown, TX 78626 (512) 943-5000 georgetownisd.org **Pflugerville ISD**

1401 W. Pecan Street Pflugerville, TX 78660 (512) 594-0000 https://www.pfisd.net/

Round Rock ISD

I311 Round Rock Avenue Round Rock, TX 78681 (512) 464-5000 roundrockisd.org

Other school resources

Texas Charter Schools Association

www.txcharterschools.org/

Interactive map of accredited charter schools in Texas.

Texas Education Agency

1701 N. Congress Avenue Austin, Texas, 78701 (512) 463-9734

tea.texas.gov

Keep up with new releases and other posted information from the TEA; see test results and school rankings.

tea.texas.gov/Texas Schools/Charter Schools

The TEA's information center on Texas charter schools.

Texas School for the Blind and Visually Impaired

1100 West 45th Street Austin, TX 78756 (512) 454-8631 www.tsbvi.edu

Texas School for the Deaf

1102 S. Congress Avenue Austin, TX 78704 (512) 462-5353 (V) VP: (512) 569-6324

www.tsd.state.tx.us

Alternative Education and Homeschooling Resources

Alternative Education Austin

altedaustin.com

Directory of alternative school options in and around Austin. Includes private, charter, homeschool, and unschool resources for preschoolers through 12th grade.

Austin Area Homeschoolers

http://www.main.org/aah/index.html

Free group and resources for homeschool families.

Keep Austin Homeschooling

atxhomeschool.com/

Online directory of homeschooling resources, such as curricula, sports, arts and music, competitions, legal matters, and more.

Treehouse Learning Community

treehouselearningcommunity.blogspot.com/

Part-time secular, inclusive co-op for homeschoolers ages 3-12.

UT High School Diploma Program

highschool.utexas.edu/homeschool

Online public high school allowing homeschool students to attend full-time or fill in gaps in their homeschool curriculum.

YMCA of Austin Homeschool Programs

www.austinymca.org/programs/homeschool-and-childcare

Physical education program for homeschoolers, free to YMCA members.

Tutoring and test prep

El Buen Samaritano

(512) 439-0700

elbuen.org/education-supports/youth-services/

Evening support program providing tutoring and supplemental education to children ages 6-12. Registration occurs 3x per year in August, January, and May.

VICTORY Tutoring

(512) 797-3098

Corrina.noriega@austintexas.gov

www.austinisd.org/victory

Free tutoring to students in grades I-12, at branches of the Austin Public Library. Volunteer tutors are matched with students and meet for regularly scheduled sessions. Visit the website for student applications.

Parenting education and support

Any Baby Can

6207 Sheridan Avenue Austin, TX 78723 (512) 454-3743

info@anybabycan.org

anybabycan.org

Local organization providing a range of services to parents, children, and families, including: help with special healthcare needs or coping with cancer, children's hearing aids, working with children who have development delays, supporting expecting parents and parents of young children, nurse-family partnerships for first-time pregnant mothers, parenting and childbirth classes, emotional support for families in challenges.

Austin Child Guidance Center

810 W. 45th Street

Austin, TX 78751 (512) 451-2242

www.austinchildguidance.org/services/parentworkshops.html

Parenting workshops on a variety of topics, many offered in both English and Spanish. Cost per workshop is \$20. Registration required, call or visit the website to sign up.

Center for Child Protection

8509 FM 969 #2 Austin, TX, 78724 (512) 472-1164

centerforchildprotection.org/services/education-services/

Offers parent and educator workshops on child safety and abuse prevention.

For Kids' Sake

917 W. 29th St Austin, TX 78705 (512) 476-9490

info@for-kids-sake.com

www.forkidssake.com/workshops

Organization that offers a wide range of workshops on parenting, child development, and other family topics. Visit the website to see the event calendar.

Partners in Parenting

1145 W. 5th Street Austin, TX 78703 (512) 920-3565 info@pipaustin.org www.pipaustin.org/

Creates community for new parents through newborn groups, baby groups, second-time parent groups, and more. These groups meet in members' homes. There are scholarships available for the groups that have membership fees; other groups have no fees.

Strong Start Parenting Support from SAFE

(512) 264-4100

www.safeaustin.org/our-services/prevention-and-education/parenting-support

Program for parents of children 0-11 years old that teaches positive strategies to improve kids' behavior and reduce the stress of parenting. Fatherhood Specialists available to give targeted support to male caregivers.

Text4Baby

Sign up in English by texting BABY to 511411 Sign up in Spanish by texting BEBE to 511411 www.text4baby.org Free service that sends targeted text messages to expecting parents and parents/caregivers of infants with information about pregnancy, birth, postpartum, infant care, child development, and more.

Financial assistance

Catholic Charities Central Texas

1625 Rutherford Ln. Austin, TX 78754 (512) 651-6100

https://ccctx.org/financial-stability/

Provides case management, education, and emergency financial assistance (utilities, rent, and mortgage), to residents of Austin/Travis County who are experiencing a financial crisis that puts their housing at risk. Call to apply.

Lake Travis Crisis Ministries

107 RR 620 South, Suite 114 Austin, TX 78734 (512) 266-9810

contact@ltcrisisministries.org

www.ltcrisisministries.org

Help for people living within the Lake Travis ISD (zip codes 78734, 78738, 78669). Provides food and financial aid, on an individualized case-by-case basis.

Salvation Army's Williamson County Service Center

1930 S. Austin Ave, Suite 101

Georgetown, TX 78626

https://salvationarmyaustin.org/texas-austin/williamson-county-service-center/

Provides urgently-needed services, including food, rent, and utility assistance, to adults and children facing the possibility of homelessness in Williamson County.

St. Elizabeth Catholic Church - St. Vincent de Paul Society

1520 N. Railroad Ave.

Pflugerville, TX 78660

Contact Lisa Resendez at I (888) 801-7837

stelizabethpf.org/social-outreach

Provides short-term, limited financial help to those in need in the Pflugerville area.

St. Matthew's Episcopal Church

Good Faith Fund

8134 Mesa Drive

Austin, TX 78759

(512) 345-7600 Call on Tuesday from 10am – 12pm only

https://stmattsaustin.org/Contact/good-faith-fund.html Assistance with utility bills and rent payments for individuals and families; must go through an application process.

Food pantries

The Caring Place

2000 Railroad Avenue Georgetown, TX 78626 (512) 943-0700

https://www.caringplacetx.org/

Food Pantry

MTWF(Closed Thursday) 9:00am – 4:00pm; Food for individuals and families with a crisis-related need. 12-day supply of food; qualifying families can visit the food pantry once per month. Neighbors will need to ensure they have an updated Caring Card in 2022. You can do that across the street at 2001 Railroad Avenue.

Fresh Food for Families

Area families are invited to access this program on the 1st, 3rd and 5th Monday of the month beginning at 9:00 a.m. and ending at 9:45 a.m. The distribution is a drive-through on the south entrance at 2000 Railroad Avenue.

HOPE Healthy Options Program for the Elderly

Free monthly distributions for low-income Seniors 55 and older. Must be living in their service area. A short application is required annually to participate in this age and income or crisis based program.

Heaven's Harvest

1734 Rutland Dr Austin, TX 78758 (512) 836-3282

Español: (512) 836-5819

https://www.nacconline.info/heavens-harvest

Every third Friday of the month, fresh food is given away in the front parking lot of NACC, from 1:00pm to 4:00pm

Hill County Community Ministries

1005 Lacy Drive Leander, Texas 78641 (512) 259-0360

Food Pantry

Mon-Fri: 9am – 12pm & Ipm – 3pm; extended Thurs until 7pm Serving zip codes: 78613, 78641, 78642, 78645, 78717, 78726, 78729, 78732, 78750, & 78759 Visit office with ID and proof of address. Must make an appointment ext.201.

Fresh Food for All

Distributes fresh fruits, vegetables, eggs, and bread to all (no documentation required) Schedule at https://hccm.org/admin/uploads/file/fffa-2022-side-by-side-english-spanish.pdf

 Ist Tuesday of every month, 12:00-2:00pm at ACC Cypress Creek (in front of Building #2000)

1555 Cypress Creek Rd, Cedar Park, TX 78613

- Ist Friday of every month, 9:00-II:00am at Bethany United Methodist Church 10010 Anderson Mill Rd, Austin, TX 78750
- 2nd Tuesday of every month, 2:00-4:00pm at Knights of Columbus Hall
 500 West Davilla Street, Granger, TX 76530
- 2nd Friday of every month, 9:00-11:00am at Travis Co. Jonestown Community Center 18649 FM 1431, Jonestown, TX 78645
- 3rd Tuesday of every month, 12:00-2:00pm at ACC San Gabriel
 449 San Gabriel Campus Drive, Leander, TX 78641
- 3rd Friday of every month, 9:00-11:00am at Live Oak Unitarian Universalist Church
 3315 El Salido Parkway, Cedar Park, TX 78613
- 4th Saturday of every month, 12:00 2:00 pm at Florence City Hall 106 S. Patterson Ave., Florence, TX

Micah 6 Food Pantry

At University Presbyterian Church, 2200 San Antonio Street, Austin TX 78705.

https://www.micah6austin.org/foodpantry

Thursdays, 5:30 - 7:00 PM

Fridays, 1:30 - 3:00 PM (for those without kitchen facilities)

Saturdays, 9:30 - 11:00 AM

Paula's Food Pantry & Clothes Closet

FUMC Pflugerville Methodist church

500 East Pecan Street

Pflugerville, Texas 78660

https://www.pflugervilleumc.org/community-care

Paula's Food Pantry and Clothes Closet provides food and clothes to our neighbors on Tuesday mornings from 8:30-11:00 in the Family Life Center.

St. Andrews Presbyterian Church

14311 Wells Port Drive Austin, TX 78728 (512) 251-0698

2nd and 4th Saturday of each month, 10:00 AM – 12 Noon:

Food pantry, limited baby formula and diapers available.

Please note that during COVID restrictions, we are using an outdoor drive through model for food distribution.

Food benefits & grocery assistance

Commodity Supplemental Food Program

(512) 684-2117

<u>distributionprogram@centraltexasfoodbank.org</u> <u>centraltexasfoodbank.org/get-help/help-seniors</u>

St. Andrews Presbyterian Church Circle of Hope Community Center

14311 Wells Port Drive,Austin, TX 787282900 W. Pecan St.Pflugerville, TX, 78660

Seniors 60+ years of age who meet the income guidelines on the website qualify for CSFP, which provides a free box of 25 to 30 pounds of groceries each month.

Supplemental Nutrition Assistance Program (SNAP)

Texas Health and Human Services Benefits Office

North Austin Complex 4601 W. Guadalupe St.

Austin, TX 78751-3146

Eligibility: must be a US citizen or qualified legal immigrant; must have less than \$5000 in assets; gross income must not exceed 130% of federal poverty guidelines; assistance for people between 18-59 years of age. Apply online https://www.yourtexasbenefits.com/Learn/Home or at the HHS office.

Sustainable Food Center's Double Dollars

2921 E 17th St. Bldg C, Austin, Tx, 78702 (512) 236-0074

sayuri@sustainablefoodcenter.org

https://sustainablefoodcenter.org/double-up-food-bucks

Farmers' Market at Lakeline Fresh for Less Market St. John's Episcopal

11200 Lakeline Mall Dr., 78613 Church

Hours: Saturday 9am - Ipm 11201 Parkfield Dr., 78758 Hours: Sunday 11am - Ipm

Accepts Lone Star (SNAP), P-EBT, and Double Up Food Bucks. Distributes WIC Vouchers. Double Dollars doubles the dollar amount of Lone Star (SNAP), WIC, and FMNP vouchers when used at SFC Farmers' Markets. Visit the farmers' market Double Dollars booth to get started or call for more information.

Other food resources

Community Food Gardening Class by the Sustainable Food Center

2921 E 17th St Bldg C, Austin, TX 78702 (512) 236-0074

info@sustainablefoodcenter.org

sustainablefoodcenter.org

Trained facilitators lead classes that teach the essentials of planting and caring for a food garden, with special attention to how to grow food in Central Texas climate. Classes offered in English and Spanish.

Green Corn Project

1901 Matthews Ln, Austin, TX 78745

www.greencornproject.org

GCP installs food gardens for elderly, low-income, and disabled community members as well as for elementary schools, community centers, and shelters in under-served areas of Austin. Application available on the website.

Healthcare

Programs & benefits

Affordable Care Act Marketplace

www.healthcare.gov

For help enrolling in coverage:

Enroll ATX - Central Health

www.centralhealth.net/enroll-atx

Listing of free health coverage enrollment assistance.

Foundation Communities

Prosper Center North 5900 Airport Blvd Austin, TX 78752 (737) 717-4000 Administrative Office 3000 IH 35, Ste 300 Austin, TX, 78704 (512) 447-2026

enroll@foundcom.org

www.foundcom.org/health-programs/health-insurance-enrollment

Free health coverage enrollment assistance (ACA, CHIP, MAP, and Medicaid); available during open enrollment period (November 1st- January 15th).

Medical Assistance Program (MAP)

IIII East Cesar Chavez St.Austin, TX 78702(512) 978-8300

www.centralhealth.net/map

Local programs provided by Central Health that cover medical care for qualifying Travis County residents.

Medicaid and Children's Health Insurance Program (CHIP)

www.YourTexasBenefits.com

Medicaid and CHIP cover medical expenses for children and people with disabilities who meet income requirements. Includes dental, vision, prescription, and medical coverage.

Medicaid Buy-in for Adults

hhs.texas.gov/services/health/medicaid-chip/programs/medicaid-buy-adults

Medicaid health care services for adult individuals with disabilities who work. You can get help applying for MBI by visiting a local HHSC office or by calling 2-1-1.

Healthy Texas Women

I (877) 541-7905

www.healthytexaswomen.org

Program through Texas Health & Human Services that provides free or affordable women's health services such as annual exams, family planning, and disease screenings to eligible adults.

Discounted medication programs

Needy Meds <u>www.needymeds.org</u>Good RX <u>www.goodrx.org</u>

• Medication Assistance Program https://healthytexas.tamu.edu/medication-assistance-2/

Pharmaceutical Assistance Programs

Samaritan Health Ministry (SHM) – Application Assistance for Pharmaceutical Assistance Programs 904 Crystal Falls Pkwy Leander, TX 78641 512 (331)-5828

www.theshm.org

Clinic for uninsured families, can help connect patients to assistance programs through pharmaceutical companies that help pay for medications.

Medical assistance tool

www.medicineassistancetool.org

Resource to help provide transparency about medicine costs and assist users in locating lower-cost medication.

Medical

El Buen Samaritano - The Wallace Mallory Clinic

7000 Woodhue Dr. Austin, TX 78745 (512) 439-8900

hello@elbuen.org

www.elbuen.org/health/clinic

Payment Accepted: \$40 first visit, \$30 each visit after. Serves patients who have no form of health insurance.

CommUnityCare

Pflugerville Hancock Center
Family medicine including children, maternity 1000 E. 41st St, Ste 925
care, behavioral health services Austin, TX 7875 I
15822 Foothill Farms Loop, Pflugerville, TX (512) 978-9940
78660 Walk-in care hours:

(512) 978-9840 Monday – Sunday 8am – 7:30pm

Other centers https://communitycaretx.org/wp-content/uploads/2021/10/CUC-Clinic-List-2021-1.pdf
For appointment scheduling: (512) 978-9015

www.communitycaretx.org

24 locations throughout Austin and Travis County. The two locations above are walk-in clinics for pediatric patients 6 months of age or older and adult patients; other locations provide primary care services by appointment. Payment Accepted: Sliding Fee Scale, Medicaid, Medicare, CHIP, MAP, or Private Insurance.

Lone Star Circle of Care

Multiple locations throughout the Austin/Round Rock area – see website for locations & specialties I (877) 800-5722

www.lonestarcares.org

Services include behavioral and mental health, dentistry, family medicine, ob/gyn, pediatrics, young adult health, pharmacy, senior care, and vision. Payment accepted: Sliding Fee Scale, Private Insurance, Medicaid, or MAP.

People's Community Clinic

People's Community Clinic 1101 Camino La Costa Austin, TX 78752 (512) 478-4939 People's Center for Women's Health 2909 N Interstate Highway 35, Austin, TX 78722 (512) 478-4939

www.austinpcc.org

Primary care for adult, adolescent, pediatric, and prenatal patients. Payment accepted: Sliding fee scale for uninsured patients, Medicare, Medicaid, Ambetter, Ideal Care, BlueCross BlueShield of Texas, or CHIP.

Seton Community Health Centers

 McCarthy CHC
 Kozmetsky CHC
 Topfer CHC

 2811 East 2nd St.
 3706 S. 1st St.
 8913 Collinfield Dr.

 Austin, TX 78704
 Austin, TX 78704
 Austin, TX 78758

 (512) 324-4930
 (512) 324-4940
 (512) 324-6850

healthcare.ascension.org

Family medicine doctors and nurse practitioners, senior care, ob/gyn services, and pediatric care. Payment accepted: Sliding Fee Scale, Medicare, Medicaid, or CHIP.

Volunteer Healthcare Clinic

4215 Medical Pkway Austin, Texas 78756 (512) 459-6002

www.volclinic.org

Clinics are Tuesdays and Thursdays at 5pm.

Payment Accepted: \$5 donation recommended, but not required. Patients must live in Travis County and may not have any form of health insurance.

Mental and behavioral health

(See Counseling section for therapists, counselors, and coaches) Psychiatric hospitals, in-patient, and out-patient programs

Ascension Seton Outpatient Programs

5407 Clay Ave 301 Seton Parkway, Ste 103 Austin, TX 78756 Round Rock, TX 78665

Speak to a Behavioral Health Navigator: (512) 324-2039 www.seton.net/behavioral-health-care/outpatient-programs

Intensive outpatient programs for adult mental health and substance use concerns; intensive outpatient program for adults struggling with PTSD. Psychiatric services for adults, veterans, and senior adults.

Austin Lakes Hospital

1025 E 32nd Street Austin, TX 78705

For information or a no-cost assessment: (512) 544-5253

www.austinlakeshospital.com

Center offering inpatient care for adults in crisis as well as senior adults; outpatient programs include a partial hospitalization program and intensive outpatient programs.

Austin Oaks Hospital

1407 W. Stassney Ln Austin, TX 78745 (512) 798-4840

www.austinoakshospital.com

The hospital offers adult inpatient and outpatient programs, child/adolescent inpatient and outpatient programs, expressive therapy, and free psychiatric assessments.

Dell Children's Behavioral Health

4900 Mueller Blvd Austin, TX 78723

To schedule an assessment: (512) 324-0029

childrensmentalhealth@ascension.org

www.dellchildrens.net/behavioral-health

Psychiatric care for children and adolescents between 6 and 17 years old. Programs include both inpatient and intensive outpatient care.

Cross Creek Hospital

8402 Cross Park Dr Austin, TX 78754 (888) 981-4177

www.crosscreekhospital.com

Inpatient treatment for adults and adolescents 12-17 years old, partial hospitalization for adults, program for older adults, and medical detox program; approach is based on holistic therapies.

Georgetown Behavioral Hospital

3101 S. Austin Ave

Georgetown, TX 78626

Immediate help: (512) 819-1154 Main Phone: (512) 942-5365 www.georgetownbehavioral.com

Acute care psychiatric hospital with inpatient services for teens, adults, and seniors; intensive outpatient programs also offered.

Seton Shoal Creek Hospital

3501 Mills Ave Austin, TX 78731 (512) 324-2000

https://healthcare.ascension.org/locations/texas/txaus/austin-ascension-seton-shoal-creek

Inpatient services for children, adolescents, and adults; outpatient programs for adult mental health and substance use concerns.

Online resources

Anxiety and Depression Association of America

www.adaa.org

International non-profit dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and more. Website includes a network of mental health professionals, education resources, and support for individuals.

BeThelTo

www.bethelto.com

Partnership of crisis support services; website includes 5 steps for suicide prevention and many other resources.

I'm Alive

www.imalive.org

Online chat for suicide prevention and individuals in crisis, staffed by trained, supervised volunteers.

MentalHealth.gov

www.mentalhealth.gov

U.S. Department of Health & Human Services-sponsored website which includes information about mental and behavioral health disorders, issues, and conditions.

Mental Health First Aid

www.mentalhealthfirstaid.org

Skills-based training course that teaches participants about mental health and substance use issues; website includes resources on many areas of focus.

Programa de Presencia Plena y Autocompasion

https://www.seattlechildrens.org/clinics/odessa-brown/community-programs/mindfulness-program/

Free online mindfulness workshops and meditation for parents offered in Spanish and English

National Alliance on Mental Illness

I (800) 950-NAMI (6464)

info@nami.org

www.nami.org

U.S. grassroots mental health organization which provides education programs for families and individuals affected by mental illness; advocates for people with mental illness in public policy; provides public awareness events as well as a free information and support helpline.

National Center of Excellence for Eating Disorders

I (800) 931-2237

www.nceedus.org

Training, education, and support for health professionals, researchers, and individuals living with and recovering from eating disorders.

National Institute of Mental Health (NIMH)

1 (866) 615-6464

nimh.nih.gov

Provides information on statistics, clinical trials, and research into mental health conditions.

Psychology Today

www.psychologytoday.com

National directory of therapists, psychiatrists, therapy groups and treatment facility options.

U Lifeline

www.ulifeline.org

Online resource mental health resource for college students.

Mental health apps for iPhone and Android:

MindShift CBT -https://www.anxietycanada.com/resources/mindshift-cbt/

Cognitive Behavioural Therapy (CBT) to help you learn to relax and be mindful, develop more effective ways of thinking, and use active steps to take charge of your anxiety.

Moodfit - www.getmoodfit.com

Tools for mindfulness, cognitive behavior therapy, gratitude, relaxation and breathing, designed to help users improve mood.

notOK - www.notokapp.com

Free app developed by teens for teens to connect people in crisis with immediate support from friends, family, and peer networks.

Dental

Capital Area Dental Foundation

3305 Steck Avenue, Ste 200 Austin, TX 78757 (512) 992-1217

www.capitalareadentalfoundation.org

Provides emergency dental care to low-income individuals through a partnership with St. Vincent de Paul. Services are free to the patient.

CommUnityCare Dental Health

North Central Health Center 1210 W. Braker Lane Austin, TX 78758 (512) 978-8901

communitycaretx.org/programs-services/services/dental.html

Hours: Monday – Friday, 8 a.m. to 5 p.m.

See website for other locations.

Dental coverage provided to people who are on MAP (Medical Assistance Program), managed care patients, Medicaid patients under 18, or a Medicare beneficiary who is a CommUnityCare health patient. Emergency dentistry and some other services are also available for self-pay patients of CommUnityCare clinics. They also operate the School Based Sealant Program for Austin ISD Title 1 schools.

Dental Hygiene Program at Austin Community College

Building 3000, Room 3105 4400 College Park Drive Round Rock, TX 78665

Phone: (512) 223-0220

Hours: Mon. - Thu. 8 a.m. - 5 p.m.,

Fri. 8 a.m. – 1 p.m.

sites.austincc.edu/health/dhyg/patient-info/

The program accepts patients who at 6 years and older, can commit to more than one appointment, and are comfortable receiving care from a student, under a licensed dental professional's supervision. Services provided at: head and neck cancer screening, dental x-rays, complete dental examination, and thorough teeth cleaning.

Health Alliance for Austin Musicians (HAAM) Dental Program

3010 S. Lamar Blvd, Ste 200 Austin, TX 78704 (512) 541-4226 info@myhaam.org myhaam.org

HAAM members can receive up to \$600 of dental care annually to use at one of 86 HAAM dental providers (who have agreed to a reduced fee schedule). Available to low-income working musicians.

Lone Star Circle of Care

Georgetown Dental Center (adults and children) 2411 Williams Dr. Suite 111 Georgetown, TX 78628 Round Rock Dental Center (children only) 2120 N. Mays Street, Suite 430 Round Rock, TX 78665 Bastrop Dental Center (adults and children) 605 Old Austin Hwy Bastrop, TX 78602

Patient Navigation phone: I (877) 800-5722

lonestarcares.org/service/dentistry/

Federally qualified community health centers providing general dentistry services. Medicaid, Medicare, CHIP, MAP, and most insurance accepted; discounted services for the un- or under-insured on a sliding fee scale based on income and household size.

Manos de Cristo

4911 Harmon Avenue Austin, TX 78751 (512) 477-2319

http://manosdecristo.org/need-our-help/dental-clinic/

Monday – Friday, 7am – 7pm; Saturday 8am – 2pm. Closed Sundays and when AISD is closed. Dental services for children, adults, and seniors at a reduced rate. Services range from regular cleanings, exams, and X-rays to fillings, sealants, and prosthetics. Emergency walk-ins on a first come, first served basis.

Texas Mission of Mercy - Texas Dental Association Smiles Foundation

1946 S. IH 35 Frontage Road Suite 300 Austin, TX 78704 (512) 448-2441

www.tdasmiles.org/texas-mission-of-mercy

Mobile dental clinic that travels around the state providing basic dental care to Texans with limited resources or access to care. See website for a full list of event dates and locations.

Samaritan Health Ministries

904 Crystal Falls Pkwy Leander, TX 78641 (512) 331-5828

https://www.theshm.org/dental-care

Dental care provided to the uninsured. Payment is based upon a sliding scale fee, determined by income and family. ID, proof of income, and proof of residency required for services.

St. David's Foundation Dental Program

(512) 879-6247

www.stdavidsfoundation.org/our-programs/dental-program

Mobile dental clinics that visit elementary schools and provide free dental screenings, sealants, and acute care during the school year. When school is out of session, the dental clinic vans serve adults and families.

Vision

CommUnity Care Vision Voucher Program

(512) 978-9435

https://communitycaretx.org/programs/#VisionVoucher

Vouchers for vision exams and eyeglasses for patients at CommUnity Care or their community partners. Available to MAP, Medicare, and sliding fee scale patients; one vision voucher every two years per patient; vouchers expire after 60 days.

EyeBuyDirect

(855) 393-2891

eyebuydirect.com

Wholesale-priced eyeglasses for sale; frames starting at \$8 a pair.

EyeCare America

(877) 887-6327

eyecareamerica@aao.org

www.aao.org/eyecare-america

A program through the American Academy of Opthamology offering medical eye exams, often at no out-of-pocket cost. The program focuses on seniors 65 and older, and on providing glaucoma eye exams to those who are eligible and uninsured. Eyeglasses are **not** covered. Patients must visit the website to screen for eligibility.

Eyes of Hope

VPS Members: (800) 877-7195

Non-VPS Members: 512-928-4271 (American Red Cross Central and South Texas Region)

vspglobal.com/cms/vspglobal-outreach/gift-certificates.html

Certificate programs for adults and children, including those affected by disaster, for no-cost access to eye care and new glasses. Mobile eye clinics available in some areas. Visit the website for eligibility and to find a provider.

InfantSEE

(314) 983-4286

infantsee@aoa.org

www.infantsee.org/

No-cost eye assessments for infants 6-12 months old. Visit the website to locate a provider.

New Eyes

new-eyes.org/application

Provides a basic pair of single or lined bifocal lenses, for individuals who have no other resources with which to obtain eyeglasses. Applicants must have an eye exam before applying; resources for free eye exams available on the website.

OneSight OnSite Voucher Program

onesight.org/faqs

Vouchers for eyeglasses available to patients whose visual and financial need is verified by a 501(c)(3) non-profit organization (including schools and churches). Visit the website for more information.

Prevent Blindness

preventblindness.org

Comprehensive online resources about healthy vision for children and adults; information included about some programs and providers for low- and no-cost care.

ReSpectacle

www.respectacle.org/

Online database of high quality used glasses provided for free. Enter your prescription information to be matched with best fit glasses.

Zenni Optical

zennioptical.com

Low-priced eyeglasses starting at \$6.95 a pair.

Hospice and end-of-life care

Austin Palliative Care

1918 Leander Road Georgetown, TX 78628 (512) 397-3360

austinpalliativecare.com/what-is-palliative-care

Palliative services for hospice patients as well as patients suffering from chronic illness, long-lived disease, or side effects caused by illness or medication.

Elder Options of Texas

www.elderoptionsoftexas.com/Services/Austin/hospice_end_of_life_care

Directory of elder care services and providers.

Hospice Austin

4107 Spicewood Springs Road, Suite 100 Austin, TX 78759 (512) 342-4700

info@hospiceaustin.org

www.hospiceaustin.org

Non-profit hospice providing end-of-life care for those with serious illnesses, and support for families through education and bereavement care.

Addiction / substance use disorder

Sober Austin: Addiction and Recovery

www.soberaustin.com

Comprehensive directory of addiction and recovery resources, focused on Austin but also including other Texas listings and national resources. Extensive listings of sober living transitional homes.

Substance Abuse and Mental Health Services Administration

Helpline: I (800) 662-HELP (4357)

www.samhsa.gov

Government administration working to advance behavioral health. Helpline provides treatment and referral information 24/7.

Texas Health and Human Services: Mental Health & Substance Use

hhs.texas.gov/services/mental-health-substance-use

State resources for crisis services, adult and youth substance use, and other mental and behavioral health services.

Group meetings and 12-step programs

Alcoholics Anonymous Austin

(512) 444-0071

www.austinaa.org

Find a meeting using the online calendar and map, or download a printable schedule. 24-hour hotline providing information about AA meetings and events in the local AA community.

Austin Al-Anon and Alateen Information Center

6301 Manchaca Road, Ste. F Austin, TX 78745 (512) 441-8591

inquiry@austinalanon.org

www.austinalanon.org

Provides information about Al-Anon/Alateen programs in and around Austin, a telephone answering service staffed by volunteers, and serves as a literature distribution center.

Austin Galano Club

6809 Guadalupe Street

Austin, TX 78752

info@austingalano.org

www.austingalano.org

Organization serving LGBTQIA+ individuals and allies in recovery; their space hosts 12-step programs as well as other recovery-related events and social functions.

Central Texas Area Narcotics Anonymous

1108 Lavaca Street Ste. 110-284

Austin, TX 78701

Helpline: (512) 480-0004

www.ctana.org

Directory, maps, and schedules for NA meetings in the Austin area.

Cocaine Anonymous

7517 Cameron Rd. #124

Austin, TX 78752

http://ca-scta.org/meetings/northaustin/

Listing of meetings and printable literature. Online meetings available.

Texas Crystal Meth Anonymous

24-Hour National Helpline: I (855) METH-FREE / I (855) 638-4373

www.cmatx.org

Schedules of meetings, which include gay and lesbian meetings, men's and women's only, hearing impaired, young people, and beginner's meetings. Website includes other resources for those in recovery.

Rehabilitation and treatment programs

Austin Drug and Alcohol Abuse Program OutPatient Rehab

7801 N. Lamar Bldg D #109

Austin, TX 78752

(512) 454-8180

info@adaap.com

www.adaap.com

Outpatient rehabilitation program; relapse prevention program. Insurance accepted as well as sliding scale payment plans that are income based.

Austin Recovery

4201 South Congress, Suite 202

Austin, TX 78745

Admissions: (512) 697-8600 Main Office: (512) 697-8500 info@austinrecovery.org austinrecovery.org

Affordable addiction recovery services for adult men and women, pregnant women, and parenting women with small children. Insurance is accepted and sliding-scale or payment plans are available. Programs include medical detox, residential and outpatient treatment, an alumni association, and more.

Phoenix House

400 W. Live Oak Street Austin, TX 78704 (512) 440-0613

https://phoenixhousetx.org/locations/austin/

Outpatient and residential services for teens, adult outpatient services, assessment and evaluation, and prevention and education services. Insurance accepted. Multiple locations in Austin and Round Rock.

Salvation Army Adult Rehabilitation Center (Men's Program)

4216 South Congress Avenue Austin, TX 78704 (512) 447-2272 salvationarmyaustin.org/rehabilitation/

Reproductive and sexual health

Allgo

701 Tillery St, Box 4, Austin, TX 78702 (512) 472-2001 www.allgo.org

Organization of queer people of color which sponsors community wellness events around relationships, sexuality, and HIV/AIDS prevention, and safer sex education.

Austin Free Condom Map

www.tinyurl.com/austinfreecondoms

Map provided by Austin Public Health showing locations where free condoms, safer sex supplies, and public health services can be obtained.

Austin Public Health Sexual Health Clinic

RBJ Health Center, Ist floor 15 Waller Street Austin, TX 78702 (512) 972-5430

www.austintexas.gov/sexualhealthclinic

Monday – Friday 8am – 12pm & 1pm – 5pm

Provides evaluation, diagnosis, and treatment of sexually transmitted infections. Fee for examination and treatment is \$20 (which includes all laboratory testing).

Austin Women's Health Center

1902 S. IH-35 Ste A Austin, TX 78704 (512) 443-2888

www.austinwomenshealth.com

Comprehensive gynecological health care and compassionate abortion services in a private and supportive environment.

Bedsider

www.bedsider.org

Online birth control support network for women 18-29, working to ensure that young people have the power to decide if, when, and under what circumstances to get pregnant.

CommUnity Care OB/GYN Clinic

Springdale Office 7112 Ed Bluestein Blvd, Ste 105 Austin, TX 78723 (512) 978-8700

www.communitycaretx.org

Gynecology services, obstetrics and family planning, women's health exams including breast and cervical cancer screenings, screening and treatment for STIs for both women and men, infertility screening. Family planning services offered at all CommUnityCare locations; prenatal/postnatal care, labor and delivery, and some other women's health services only available at the Austin Ob/Gyn affiliate locations (including the one above).

Fund Texas Choice

I (844) 900-8908

www.fundtexaschoice.org

Helps to pay for accommodation and transportation for Texans needing abortion procedures. They also help connecting with other organizations that provide funding for the procedure.

Kind Clinic

101 W Koenig Ln Suite 100, Austin, TX 78751 (833) 937-5463

https://kindclinic.org/kind-clinic-austin-koenig/

CLINIC HOURS MTF: 9:00AM-5:00PM, WTh: 9:00AM-8:00PM Saturday: 9:00AM-12:00PM Alternate Saturdays starting 3/19/22

Walk-In Testing

Monday-Friday: 9:00AM-Noon & 1:30PM-4:30PM

PrEP / PEP access, HIV Testing & Care, STI Testing & Treatment, General Wellness exams, medication navigation & access for little to no cost. Kind Clinic also provides Gender Affirming Care appointments at no cost.

Lilith Fund

I (877) 659-4304

www.lilithfund.org

Assists Texans in paying for an abortion when they can't afford it.

People's Center for Women's Health and Prenatal Care

2909 N IH-35 Austin, TX 78722 (512) 478-4939

www.austinpcc.org

Provides prenatal care and family planning, obstetrics, breastfeeding counseling, teen prenatal & parenting program, gynecology, well-woman care, and more.

Planned Parenthood of Greater Texas, Inc.

North Austin Health Center & Abortion Services Center 9041 Research #250 Austin, TX 78758 (512) 331-1288

www.plannedparenthood.org

3 other locations in the great Austin area, see website for details.

Services include abortion referals, birth control, HIV testing, men's health care, emergency contraception, pregnancy testing & services, STI/STD testing/treatment/vaccines, women's health care.

Whole Woman's Health of Austin

4100 Duval Road, Bldg 2 Ste 201 Austin, TX 78759 (512) 250-1005

info@wholewomanshealth.com

www.wholewomanshealth.com/clinic/austin

Comprehensive reproductive healthcare services for women, including abortion care and emergency contraception.

Everybody Texas

314 E. Highland Mall Blvd. Suite 400 Austin, TX 78752 (512) 448-4857

info@everybodytexas.org

https://www.everybodytexas.org/everybody/sexual-reproductive-healthcare

Organization that partners with family planning clinics to ensure women, men, and adolescents in Texas can access high quality reproductive healthcare services, regardless of citizenship status.

Women's Health Texas

Renaissance Women's Group 12201 Renfert Way, Ste 225 Austin, TX 78758 (512) 660-6856 www.womenshealthtx.com Group of 90+ medical practitioners working at 20 locations throughout Austin/San Antonio – address listed above is the closest clinic to the WB Library.

Services include birth control, fertility care, gynecology, ob/gyn surgery, menopausal care, obstetrics, prenatal and postpartum care, screenings and tests, and well-woman exams.

Pregnancy and postpartum

Please note: many of the clinics listed above also provide prenatal and postpartum services

Austin Expecting

http://austinexpecting.com/

Online directory of prenatal, birth, and postpartum resources in and around Austin.

Birth Injury Justice Center

(800) 409-5420

www.childbirthinjuries.com/

Provide legal information and guidance and serve all families with disabilities caused by physical birth injuries.

CHIP Perinatal / Medicaid for low-income pregnant women

yourtexasbenefits.hhsc.texas.gov/programs/health/women/chip-perinatal

Programs for low-income pregnant women who don't have any other health coverage; benefits include prenatal doctor visits, medications that are prescribed, prenatal vitamins, labor and delivery, checkups and other benefits for the baby after leaving the hospital.

Giving Austin Labor Support (GALS)

(512) 934-2171

www.givingaustinlaborsupport.org

Volunteer-based organization that provides emotional, physical, and informational support to those who are under-supported through their birth experience. To qualify for the prenatal program, a family must be under 200% of the Federal Poverty Level.

Pregnancy and Postpartum Health Alliance of Texas

www.pphatx.org

Information and resources for those affected by perinatal mood disorders, such as postpartum depression or anxiety. Services include therapy voucher, psychiatric voucher, and postpartum doula programs.

Higher education

ApplyTexas

https://goapplytexas.org/

Apply for admission to any Texas public university, as well as to participating private and community colleges from one portal; apply for scholarships from participating universities.

Austin Community College

Admissions - www.austincc.edu/admissions

No fee to apply, applications are accepted year-round.

Student Support - <u>www.austincc.edu/student-support</u>

Free academic, personal, and financial support services for ACC students.

Austin ISD College & Career Readiness

Dr. Creslond Fannin Executive Director of ECHS & PTECH

Office of School Leadership creslond.fannin@austinisd.org

www.austinisd.org/college-career

Resources from Austin ISD such as college readiness checklists by grade, comparisons of careers and expenses, tools to find and compare colleges and universities, and more.

Austin National College Fair

(703) 836-2222 ext. 14

collegefairs@nacacnet.org

www.nacacfairs.org/attend/national-college-fairs/austin-college-fair

Free to the public college fair featuring institutions from across the U.S. and abroad.

Capital IDEA

835 N. Pleasant Valley Rd, Third floor, Austin, TX 78702 (512) 457-8610

outreach@capitalidea.org

www.capitalidea.org

Financial assistance, support and guidance for adult learners and non-traditional students who are seeking a degree. Eligible individuals are committed to going to school full-time, are at least 18 years of age, hold a high school diploma or GED, are a U.S. citizen or permanent resident, and qualify as low-income (based on Federal Poverty Guidelines).

Center for First-Generation Student Success

firstgen.naspa.org/programs-and-services

Programs for first-generation student success.

College for All Texans

www.collegeforalltexans.com

Resource site for students still in secondary education, active-duty military and veterans seeking high education, and adult learners/non-traditional students. Site includes information about college admissions, degree programs, college costs, financial aid, making a plan for college success, transferring, and more. Part of a program called **60 x 30 TX** which aims to see at least 60% of Texans ages 25-34 hold a certificate or degree.

College Forward

info@collegeforward.org

www.collegeforward.org

Program pairing high school students from underserved populations and their families with College Access Coaches. Eligible students are in the top 60% of their class, qualify for the National School Lunch Program **or** are the first generation in their family to attend college, and are current students at one of the following area high schools: Connally, Crockett, Del Valle, Elgin, Hays, Lehman, Manor, Manor New Tech, Pflugerville, Stony Point, or Travis.

Colleges That Change Lives

www.ctcl.org

Provides printed materials and outreach efforts to students, families, college counselors, and schools, in order to promote a student-centered college search process. The colleges included in their directory have a wide range of perspectives, institutional missions, and pedagogical strategies.

Federal Student Aid

https://studentaid.gov/

U.S. Department of Education office responsible for the FAFSA (Financial Aid for Students Application), Direct PLUS loans applications, and more. There are also resources for outside scholarships, grants, and aid money.

Foundation Communities Prosper Centers

Prosper center North
5900 Airport Blvd
Austin, TX 78752
737-717-4000

Prosper Center South 2900 S IH35 Austin, TX 78704 (737)-717-4000

collegehub@foundcom.org

www.foundcom.org/prosper-centers/college-hub

Center for prospective and current college students to receive coaching, one-on-one guidance, college support services, and assistance completing financial aid applications. Services are free to anyone making less that \$55,000/year.

Generation TX

http://gentx.org/

Resources on preparing, paying for, and attending college for TX residents.

Higher Education Resource Guide for Students with Disabilities

https://tcdd.texas.gov/resources/higher-education-resources/

Publication from the Texas Council for Developmental Disabilities, which addresses thinking ahead about higher ed and career options, school selection and application process, disability services offices at Texas colleges and universities, and more.

Rotary Club

my.rotary.org/en/search/club-finder

Most Rotary clubs offer college scholarships; there are 15 clubs in the Austin area, use the link above to find your nearest location.

StudentScholarships.org

www.studentscholarships.org

Database of scholarship information, always free for students to use.

Texas Guaranteed Tuition Plan

www.tgtp.org

State program (formerly known as the Texas Tomorrow Fund) that gives families the chance to prepay tomorrow's college tuition and required fees at Texas public & private colleges and universities at today's cost.

University of Texas

admissions.utexas.edu

Admissions website for UT; resources include residency requirements, admissions research, glossary, counselor resources, and more information for prospective students.

HIV / AIDS

ASHWell Medical Clinic (Austin Sexual Health and Wellness)

3100 Red River St, Suite 3 Austin TX 78705 (512) 467 0088

https://www.ashwellatx.org/

Medical services including HIV testing, PrEP and PEP, HIV treatment, vaccinations, and more; as well as HIV case management and holistic therapies. Gender affirming care also available. Most services offered at low- to no-cost.

CommUnityCare - David Powell Health Center HIV Services

4614 N. IH 35 Austin, TX 78751 (512) 978-9100

Monday, Thursday, Friday – 8am – 5pm; Tuesday 8am – 6pm; Wednesday 8am – 8pm

https://www.davidpowellhealthcenter.org/

HIV-specific health services through coordinated teams including physicians, nurse practitioners, RNs, medical case management, social workers, mental health services, nutritionist, laboratory, and pharmacy services. Provided to eligible HIV-positive adults at any point on the HIV disease continuum. Medicare and Medicaid accepted along with most insurance plans; assistance provided in applying for programs for low-income, un- or under-insured patients.

The KIND Clinic

101 W Koenig Ln Suite 100, Austin, TX 78751 (833) 937-5463

https://kindclinic.org/kind-clinic-austin-koenig/

HIV testing and care, including free access to services and support for PrEP and PEP, medication and care for a healthy and empowered life with HIV/AIDS.

Project Transitions

(512) 454-8646

info@projecttransitions.org

https://www.projecttransitions.org/

Serves people with HIV and AIDS by providing supportive living, housing, recuperative care and hospice.

Rural AIDS Services Program

Williamson County 805 W University #116 PO Box 5010 Georgetown, TX 78627 (512) 931-2471

Contact: Donna Carol dcarol@communityaction.com

https://www.communityaction.com/ruralaidsservicesprogram

Provides case management, transportation, financial assistance, emergency food vouchers, and linkage to other resources for individuals living with HIV/AIDS in Bastrop, Blanco, Burnet, Caldwell, Fayette, Hays, Lee, Llano, and Williamson counties.

Texas HIV Medication Program

1 (800) 255-1090

www.dshs.state.tx.us/hivstd/meds/

Provides medications for HIV treatment to low-income Texans who meet eligibility criteria.

The Q Austin

1023 Springdale Rd, Bldg 14Austin, TX 78721(512) 600-8378

Tqa.info@asaustin.org

https://viventhealth.org/prevention-testing/austin-legacy-programs/

Subsidiary of AIDS Services of Austin, which provides connection, community, and support for young gay, bi, queer, trans, non-binary people ages 18-29. Programs include an advocacy group, community driven conversations, safer sex workshops, co-working space, cultural events, and free rapid, confidential HIV/STI testing.

Viventhealth

Main Campus 7215 Cameron Rd Austin, TX 78752 Monday – Friday, 9am – 5pm (512) 458-2437

https://viventhealth.org/

Programs and services focused on preventing new transmissions and helping people living with HIV.

- ASA Moody Medical Clinic provides HIV & Primary care, PrEP/PEP, sexual wellness, and behavioral health services.
- Online free condom store for local residents
- Jack Sansing Dental Clinic provides dental care for people living with HIV
- Case management
- Food & nutrition services
- Housing assistance
- Health insurance & medication assistance
- Group social support spaces for men and women
- Legal assistance
- Early intervention services

Housing services

Austin Relocation Guide

austinrelocationguide.com

Information on Austin-metro and the Central Texas area, covering schools, neighborhoods, jobs, leisure, and many other resources.

Homeowner/homebuyer resources

Austin Area Urban League

https://aaul.org/housing-community-development/

Emergency and critical repairs to owner-occupied homes in Austin. Eligible homeowners must reside in the City of Austin, and their incomes may not exceed 80% of the Median Family Income as determined by the U.S. HUD.

Austin Habitat for Humanity

500 W. Ben White Blvd Austin, TX 78704 (512) 472-8788

austinhabitat.org

Provides resources for the general public, Habitat homeowners, and partner families. Their programs include assistance with homeownership, home repair, and housing counseling.

Capital Area Housing Finance Corporation

4101 Parkstone Heights Dr., Ste 280 Austin, TX 78746 (512) 347-9953

www.cahfc.org

Programs include down payment assistance and mortgage credit certificates for first time homebuyers; financing the construction or acquisition of multi-family communities designed to provide below market rate rental opportunities.

FrameWorks Community Development Corporation

2200 E. Martin Luther King Jr. Blvd.Austin, TX 78702(512) 385-1500

www.frameworkscdc.org

Non-profit HUD-approved housing counseling agency; provides resources to low- to moderate-income households on the topics of home-purchasing, financial literacy, credit education seminars, and business development.

Housing and Urban Development

www.hud.gov/topics/ www.hud.gov/resources U.S. government website, with topics for homeowners include avoiding foreclosure, buying a home, home improvements, homes for sale, fair lending, housing discrimination, and more. Resources include approved housing counseling agencies, appraisers, lender locator, state information, and more.

Texas Department of Housing and Community Affairs

www.tdhca.state.tx.us/texans.htm

State resources for home repair/accessibility modifications, weatherization, homebuyer education and counseling, foreclose mitigation, and disaster relief.

Texas State Affordable Housing Corporation

(877) 508-4611

homeownership@tsahc.org

www.tsahc.org

Provides fixed-rate mortgage loans, down payment assistance, and mortgage interest tax credits for eligible homebuyers.

Renters' resources

Austin Tenants Council

205 Chicon St.

Austin, TX 78702

Appointments: (512) 474-7006 Counseling: (512) 474-1961 www.housing-rights.org/

Helps tenants with issues around housing discrimination, tenant-landlord education and information, and housing repair and rehabilitation.

City of Austin Resources for Renters

https://www.austintexas.gov/department/housing

Resources collected by the Neighborhood Housing and Community Development office of the Austin city government; links include rental housing search, help with landlord disputes, help paying rent, and assistance in cases of lost leases/eviction.

Texas Department of Housing and Community Affairs

www.tdhca.state.tx.us/texans.htm

State resources for reduced rent apartments, long term rent payment help, utility bill payment help, and tenant fair housing resources.

Texas State Affordable Housing Corporation

www.tsahc.org

Provides affordable renal opportunities for Austin-area households meeting certain income requirements.

Affordable and subsidized housing

Accessible Housing Austin

1915 Briarcliff Boulevard, Suite 221, Austin, TX 78723 (512) 640-7781

www.ahaustin.org

Serve families and individuals with disabilities whose income is under 50% of Austin's median family income. Priority is given to households needing accessibility modifications that a given available unit provides.

Austin Affordable Housing Corporation

www.aahcnet.org

Subsidiary of the Housing Authority of the City of Austin, which administers multi-family, single-family, and commercial properties for low- to moderate-income area residents. They also provide financial literacy courses and have programs to assist first time homebuyers.

Austin Pathways

(512) 477-4488

info@austinpathways.org

www.austinpathways.org

Non-profit promoting the education and general welfare of low-income Austinites in subsidized housing programs.

City of Austin Affordable Housing Listing

NHCD@austintexas.gov

https://www.austintexas.gov/department/affordable-housing-online-search-tool-ahost

Listings and map of affordable housing in the Austin area, grouped by geographic region.

Department of Housing and Urban Development

www.hud.gov

Website for the U.S. HUD, includes information on fair housing/equal opportunity, community planning, affordable housing, healthy homes and lead hazard control, and public housing.

Foundation Communities Affordable Housing

3000 S IH 35, Ste 300 Austin, TX. 78704

512-447-2026

Application assistance: (512) 610-4010

www.foundcom.org/housing

Organization that owns and operates affordable family communities and efficiency studio communities for single adults. Services and programs for residents focus on education, financial stability, and health.

Georgetown Housing Authority

Section 8 Office 501 E. Janis Dr Georgetown, TX 78628 (512) 869-6918

www.georgetownha.org

GHA runs three housing programs: Public housing, Section 8 new construction, and the Housing Choice Voucher Program. Apply in person or online.

GoSection8

www.gosection8.com

Provides a search system to locate housing agencies, affordable housing rentals and properties, and waiting lists. Also includes resources about Section 8 housing/Housing Choice Voucher Program and FAQs and tips for waiting lists.

Green Doors

1503 S. I-35 Austin, TX 78741 (512) 469-9130

www.greendoors.org

Organization that manages 28 properties, and employs housing rental assistance vouchers for low income households in the Austin area. Special focus on providing at-risk of homelessness families stable housing to break the cycle of homelessness.

Guide to Affordable Housing in the Greater Austin Area

www.housing-rights.org/guide-to-affordable-housing-l

Downloadable guide maintained by the Austin Tenants Council that provides general information on housing programs funded on the local, county, state, and federal levels, as well as specific information about complexes participating in those programs.

Housing Authority of the City of Austin

1124 S. IH 35 Austin, TX 78704 (512) 477-4488

www.hacanet.org/mission-vision

Organization that provides housing assistance via the Housing Choice Voucher Program, Project-Based Rental Assistance, Low-Income Housing Tax Credit, and Public housing properties. Apply online to join the waiting list.

Housing Authority of Travis County

502 East Highland Mall Blvd, Ste 106-B Austin, TX 78752 (512) 854-8245

https://www.hatctx.com/

Programs include Housing Choice Voucher Program, Affordable Housing, and Homeless Services; HATC also oversees 5 affordable housing apartment properties.

Mary Lee Foundation

1339 Lamar Square Drive, Austin, Texas 78704 Main office: (512) 443-5777

affordablehousing@maryleefounation.org

www.maryleefoundation.org

Non-profit that specializes in residential treatment and vocational services for persons with disabilities; they maintain several affordable housing properties for these clients.

Round Rock Housing Authority

1505 Lance Ln Round Rock, TX 78664 512-255-3702

www.roundrockha.org

Programs include Public Housing, Housing Choice Voucher Program, and Family Self-Sufficiency.

Vacancy Clearinghouse

https://hrc-ic.tdhca.state.tx.us/hrc/VacancyClearinghouseSearch.m

Locate apartments for older adults who meet income requirements.

Temporary and transitional housing

Casa Marianella Adult House

821 Gunter Street Austin, TX 78702 (512) 385-5571

ilong@casamarianella.org

www.casamarianella.org/adult-house

Emergency homeless shelter that serves recently-arrived immigrants, asylum seekers, and asylees, for temporary stays ranging from several days to several months. Case management, ESL courses, immigrant legal services, and more services provided.

First Steps

500 E 7th St Austin, TX 78701 (512) 305-4100

https://frontsteps.org/

Limited transitional housing for clients of the Austin Resource Center for the Homeless, in the form of a group home where sobriety and income stabilization are addressed while planning for permanent supportive housing solutions.

Foundation for the Homeless

6719 N Lamar Blvd., Suite D Austin, TX 78752 (512) 453-6570

info@foundationhomeless.org

www.foundationhomeless.org/programs

Programs include transitional shelters and housing, rapid re-housing for families and individuals experiencing homelessness, and supportive services. To be accepted for services, individuals must first complete the ECHO coordinated entry – link at the bottom of the page.

Green Doors Transitional Veterans Re-Entry Housing

1503 S. I-35 Austin, TX 78741 (512) 469-9130

www.greendoors.org/housing/veterans housing.php

Provides transitional housing and access to supportive services for homeless veterans. Case management is offered in partnership with the VA.

Lifeworks Transitional Living Program

(512) 735-2100

www.lifeworksaustin.org/housing

Programs include and affordable housing complex, case management, street outreach, emergency shelter, transitional living, rapid rehousing, young parents program, permanent supportive housing, aftercare transitional services, and life skills training.

Posada Esperanza Transitional Shelter

(512) 928-8862

posadaesperanza@casamarianella.org

www.casamarianella.org/posada-esperanza

Family shelter that provides full-service transitional housing for immigrant mothers and their children. Services include case management, family and child advocates, ESL courses, life skills, civics, and more.

Saint Louise House

(512) 302-0027

www.saintlouisehouse.org/

Serves single mothers and their families, providing stable housing, wraparound services to ensure basic needs, and support programs such as case management, counseling, employment assistance, life skills courses, and children's services.

Know Your Rights

ACLU

Know Your Rights toolkits: www.aclu.org/know-your-rights/

Toolkits by issue include

Stopped by Police Race, Ethnicity, or National Origin-Based

Religious Freedom
Students' Rights
Disability Rights
LGBTQ Rights
Immigrants' Rights
Voting Rights
Dreamers (DACA)
Protester's Rights
I 00 Mile Border Zone
Sex Discrimination
Enforcement at the Airport

Prisoners' Rights

ACLU of Texas

www.aclutx.org/en/know-your-rights

Visit to learn more about your protected rights, ranging from abortion access, free speech and protest, immigration rights, religious rights, voter rights, and more.

Fair Housing

6701 Shirley Avenue Austin, TX 78752 (512) 477-3555

www.tsahc.org/homebuyers-renters/fair-housing

Information about the Texas Fair Housing Act and the Federal Fair Housing Act.

Health rights in Texas

https://www.hhs.texas.gov/services/your-rights

Immigration rights in Texas

https://texaslawhelp.org/article/know-your-rights-immigration

Information about the rights of non-citizens.

Texas Renter's Rights

https://www.texasattorneygeneral.gov/consumer-protection/home-real-estate-and-travel/renters-rights Information about your rights as a tenant.

Texas Department of Public Safety

www.dps.texas.gov/docs/dlHandbook.pdf

Handout explaining what to do when a driver is stopped by law enforcement, the obligations and responsibilities of drivers and officers, and how to lodge a complaint or concern.

Texas Law Help

texaslawhelp.org/individual-rights

Toolkits available on the following topics:

Crime victim rights
Disability rights
Immigration laws & rights

LGBT rights and gender identification

Other individual rights

Prisoner and ex-offender resources

Racial discrimination Reproductive rights Sex discrimination Voting rights

Texas Organizing Project

https://organizetexas.org/campaigns/immigration-justice/

Information about DACA recipients, immigration rights, locating people who are in ICE custody. Printable Know Your Rights card available. TOP also has campaigns related to criminal justice, education, neighborhood standards, healthcare, and voting.

Texas traffic stop rights—blog articles

Knowing Your Rights During a Traffic Stop in Texas:

www.defensivedriving.com/blog/knowing-your-rights-during-a-traffic-stop-in-texas/

Your Rights During a Texas Police Traffic Stop:

www.brodenmickelsen.com/blog/your-rights-during-a-texas-police-traffic-stop/

Legal services & criminal justice system

Austin Bar Association

712 W. 16th St. Austin, TX 78701 (512) 472-0279

www.austinbar.org

Provides a search for area lawyers, a lawyer fee dispute process, lists of resources, educational information on estate/probate law and immigration law, and more.

General free and reduced fee legal services

Austin Mediators Association

c/o Dispute Resolution Center 5407 N. Interstate Hwy 35 #410 Austin, TX 78723 (512) 371-0033 president@austinmediators.org

www.austinmediators.org/

Network of professional mediators who perform alternative dispute resolution in legal cases such as divorce and other civil suits. The website has a volunteer listing of mediators who have recently completed their formal training and are willing to volunteer on a pro bono basis for those in need.

Lawyer Referral Service of Central Texas

(512) 472-8303

www.austinlrs.com

Free referral; \$20 for a 30-minute consultation. They also have the Match Program for reduced fee legal representation on family law, guardianship, and probate (drafting wills).

Texas RioGrande Legal Aid

4920 N. I-35 Austin, TX 7875 I (512) 374-2700 or 833-329-8752

www.trla.org

Free legal aid for qualified low-income Texas residents. TRLA also assists migrant and seasonal farm workers.

Texas Law Help

www.texaslawhelp.org

Provides free, reliable legal information, court-approved forms with step-by-step instructions, a database of statewide legal help providers, and a statewide legal clinic calendar. The site is administers by the Texas Legal Services Center.

Texas Legal Services Center

1920 E. Riverside Dr, Ste. A-120, #501 Austin, TX 78741 (512) 477-6000

www.tlsc.org

Non-profit organization that makes legal help and civil justice accessible to underserved and low-income populations in Texas.

Free Legal Hotlines

www.sll.texas.gov/self-help/where-to-go-for-help/legal-hotlines/

Directory provided by the Texas State Law Library.

University of Texas School of Law

https://law.utexas.edu/probono/

A list of the Mithoff Pro Bono Program Clinics.

Volunteer Legal Services of Central Texas

8001 Centre Park Dr., Ste. 120 Austin, TX 78754 (512) 476-5550

www.vlsoct.org/contact-us/

Intake must be done at one of their free legal clinics. Pro bono civil legal assistance offered.

Free legal services for specific populations

Access and Visitation Hotline

I (866) 292-4636

A service of the Texas Legal Services Center, providing non-custodial parents in Texas with basic legal information regarding access, visitation, custody, paternity establishment, child support order process and modification. Calls are answered in both English and Spanish, Monday - Friday, I-5 p.m.

American Gateways

314 E. Highland Mall Blvd, Suite 501 Austin, TX 78752 (512) 478-0546 ext. 200

www.americangateways.org

Free or low-cost legal services, education, and advocacy for immigrants and refugees.

Austin Region Justice for Our Neighbors

PO Box 17516 Austin, TX 78760 (512) 326-1988 attorney@jfonaustin.org www.jfonaustin.org Non-profit law office which provides refugees and immigrants with free, high quality legal services, education, and advocacy.

Bernardo Kohler Center

409 W. Ben White Blvd., Austin, Texas 78704 (512) 831-4272

www.bernardokohler.org

Provides legal services to the Texas immigrant community, particular focus on immigrant victims and vulnerable populations.

Disability Rights Texas

(512) 454-4816

www.disabilityrightstx.org

Help for people with disabilities having legal problems or difficulties getting disability services. Issues they work on include accessibility, community living, education, healthcare, housing, civil liberties, transportation, and voting.

Family Helpline - CPS Information and Education

I (844) 888-6565

A service of the Texas Legal Services Center, providing callers with information related to Texas Child Protective Services issue, regardless of the caller's relationship to a child, in an anonymous setting.

LASSA: Legal Aid for Survivors of Sexual Assault

(844) 303-7233

https://lassatexas.org/

Free, confidential legal advice 7 days a week for survivors of sexual assault, defined as any sexual contact that makes you feel uncomfortable, pressured or forced. Part of the Texas Legal Service Center.

Legal Aid for the Homeless

500 E. 7th St. (ARCH) Austin, TX 78701 (512) 305-4100

Advocacy in civil legal matters for the homeless or formerly homeless through frontsteps program. Call or come to the ARCH on Thursdays at 1 PM to schedule an appointment.

Legal Hotline for Seniors

(800) 622-2520, Option 3

https://www.tlsc.org/seniors

Free civil legal advice for Texans who are over age 60 or recipients of Medicare; counsel and advice on matters such as advance directives, power of attorney, guardianship, Medicaid/Medicare, consumer issues, and more.

SAFE Austin Legal Advocacy

(512) 267-SAFE (7233).

www.safeaustin.org/our-services/face-to-face-support/legal-services

Legal advocates for survivors of sexual or domestic violence; may also assist with advocacy for survivors of domestic minor sex trafficking or commercial exploitation. Areas of law this team provides representation and advice for include family law, immigration, other civil issues, and limited criminal law.

Texas Advocacy Project

(800) 374-HOPE (4673)

www.texasadvocacyproject.org

Free legal services statewide to victims of domestic and dating violence, sexual assault and stalking. Call, or apply for services online.

Texas Law Help: Veterans

(800) 622-2520, Option 2

https://www.tlsc.org/veterans

A service of Texas Legal Services Center, providing a free legal hotline and resources for veterans on financial, service-related, and family law issues.

Texas Veterans Commission

(512) 463-6564

(800) 252-8387 (VETS)

Crisis Line: 988 (Press 1)

tvc.texas.gov

Help for veterans, their dependents and survivors, in all matters pertaining to veterans' disability benefits and rights, including education and employment.

UT Criminal Defense Clinic

(512) 232-1300

https://law.utexas.edu/clinics/criminal-defense/

Free legal help from supervised law students if you are charged with a misdemeanor in Travis County. Clients accepted only from early September to mid-November, and late January to early April. Persons charged with misdemeanors in Travis County may call to request an intake appointment (no walk-ins).

Workers Defense Project

5604 Manor Road Austin, TX 78723 (512) 391-2305

info@workersdefense.org

www.workersdefense.org

Provides low-wage workers with legal services to directly address workplace problems.

Victim assistance programs

City of Austin Victim Services Resources

www.austintexas.gov/page/victim-services-resources

Victim Assistance Programs Contacts

Austin Police Department	(512) 974-5037	
Travis County Victim Witness Division	(512) 854-9449	
Travis County Attorney	(512) 854-9415	
Travis County Sheriff's Office	(512) 854-9709	
Crime Victim's Compensation	(512) 936-1200 or	I (800) 983-9933
Texas Department of Criminal Justice	(512) 452-0825 or	I (800) 848-4284
victim.svc@tdcj.texas.gov		

Texas Department of Public Safety (512) 424-2211 Williamson County Victim Assistance Unit (512) 943-1375

Texas VINE (Victim Information and Notification Everyday)

I (877) 894-8463

vinelink.com/#/home/state/TX

Provides notification to victims of crimes about offender custody status and related court events.

Texas Victim Resource Directory

ivss.tdcj.texas.gov/resource-search

Searchable list of non-profit and governmental agencies providing services to crime victims free of charge in Texas.

Criminal court, parole, and jail

Capital Area Crimestoppers

(512) 472-TIPS

https://www.crimeinfo.net/sitemenu.aspx?ID=103

Submit a tip about a crime through the web, phone, or text.

Texas Board of Pardons and Paroles

8610 Shoal Creek Blvd Austin, TX 78757 (512) 406-5250 tdcj.texas.gov/bpp/

Travis County

Criminal Courts

Blackwell-Thurman Criminal Justice Center 509 West 11th Street Austin, TX 78701 (512) 854-9244

www.traviscountytx.gov/courts/criminal

Jail Information

Travis County Jail/Central Booking 500 W. 10th St. Austin, TX 78701

Travis County Correctional Complex 3614 Bill Price Rd.
Del Valle, TX 78617

Information line: (512) 854-9889

https://www.tcsheriff.org/inmate-jail-info/jail-info

Juvenile Court

2515 S. Congress Ave Austin, TX 78704 (512) 854-7000

https://www.traviscountytx.gov/juvenile-court

Warrant Office

(512) 974-5355

www.austintexas.gov/police/warrants/warrantsearch.cfm

Williamson County

County Community Supervision and Corrections Department (Adult Probation)

www.adultprobation.net

Court Services- Courthouse annex

Williamson County District Courts 405 M.L.K. Street Georgetown, TX 78626 (512) -943-1100

Jail and Court Records Inquiry

https://judicialrecords.wilco.org/PublicAccess/default.aspx

Jail Information

306 W. 4th St Georgetown, TX 78626 (512) 943-1365

www.wilco.org/Elected-Officials/Sheriffs-Office/Corrections

Resources for Reentry and Integration

Austin Reentry from the Austin Young Lawyers Association

www.austinreentry.com

Reentry guide presented as a handbook and a series of videos.

Federal Trade Commission Reentry and Corrections Education

www.consumer.ftc.gov/features/feature-0039-reentry-and-corrections-education

Free materials to help reentering and incarcerated individuals learn the basics of managing money, avoiding scams, and making financial decisions for themselves and their families.

National Reentry Resource Center

https://nationalreentryresourcecenter.org/

https://nationalreentryresourcecenter.org/resources/toolkit

Comprehensive website covering probation and parole, correctional supervision, criminal records, medical and mental health, community partnerships, tribal affairs, substance use treatment, and more.

Texas Department of Criminal Justice Reentry and Integration Division

4614 W. Howard Ln, Ste 200

Austin, TX 78728 Office: (512) 671-2134

Re-entry Hotline: (877) 887-6151

rid@tdcj.texas.gov

www.tdcj.texas.gov/documents/rid/RID_Reentry_Resource_Guide.pdf

Texas State Law Library Reentry Resources

guides.sll.texas.gov/reentry-resources

This guide includes resources on housing, employment, voting, firearms, parole law, restrictions, expunctions, practice aids, and links to further assistance.

Legal forms and templates

eFile Texas

https://www.efiletexas.gov/index.htm

Portal that allows Texans to file online certain legal applications and petitions.

TexShare resources

www.texshare.net

The following databases are available through your Wells Branch Community Library card.

- Legal Information Reference Center (includes legal forms by state)
- Gale Legal Forms
- EBSCO Legal Collection (legal journals and research)

Travis County Law Library

Ned Granger Building 314 West 11th Street Suite 140, First Floor Austin, Texas 78701 (512) 854-8677

lawlibrary.traviscountytx.gov

Provides a free packet of legal forms and instructions for common legal issues (family law, name changes, etc.) They also have law librarians and computer use available.

Texas Judicial Branch Rules & Forms

txcourts.gov/rules-forms/forms

Downloadable legal forms including civil, probate and guardianship, criminal, family, self-representation, appellate, and responding to jury summons.

Texas Secretary of State Corporations Sections Forms

sos.state.tx.us/corp/forms_option.shtml

Business, non-profit, report, and trademark forms for online search and filing.

LGBTQ+

Mental and physical healthcare

Austin Gay and Lesbian Senior Service (AGLSS)

Austin location: 1700 Rutherford Lane Austin, TX 78754 (512) 450-0844

https://www.familyeldercare.org/impact/housing-and-community-services/info@familyeldercare.org

A division of Family Eldercare, providing LGBTQ+ individuals and families with aging services and resources, assistance for seniors with disabilities, caregiver services, in-home counseling, and more.

Allgo

701 Tillery Street Suite A-I Austin, TX 78702 (512) 472-2001 allgo@allgo.org

allgo.org/wellness

Health and wellness program providing education, safe spaces, and experience in wellness practice to queer persons of color.

GLMA

Health Professionals Advancing LGBTQ Equality

www.glma.org/

info@glma.org

National organization committed to ensuring health equity for lesbian, gay, bisexual, transgender, queer, and all sexual and gender minority individuals. Their online provider directory covers both mental and physical healthcare professionals who are LGBTQ+ welcoming.

Healthcare Equality Index (HEI)

www.hrc.org/hei

Evaluations of national and local healthcare facilities through a project from the Human Rights Campaign that is the benchmarking tool for evaluating healthcare facilities' policies and practices around the equity and inclusion of their LGBTQ patients.

The KIND Clinic

101 W Koenig Ln Suite 100, Austin, TX 78751 (833) 937-5463

https://kindclinic.org/kind-clinic-austin-koenig/

HIV testing and care, including free access to services and support for PrEP and PEP, medication and care for a healthy and empowered life with HIV/AIDS.

Waterloo Counseling Center

314 E. Highland Mall Blvd, Suite 301 Austin, TX 78752 (512) 444-9922

www.waterloocounseling.org info@waterloocounseling.org

Office hours: Monday – Thursday 8am – 8pm, Friday 8am – pm

Provides affordable, culturally sensitive mental health services to all people, regardless of gender, sexual identity and expression, or HIV status. Individual therapy available both in person and through a HIPAA-compliant web page; group therapy also offered. Costs assessed on a sliding scale according to income, insurance also accepted. Trans* Women's Psychotherapy Group offered.

Social support

Gay-Straight Alliances in area high schools

https://www.txgsa.org/regional-coalitions

Shows a map with schools that include a GSA

Akins High School: www.akinseagles.org/apps/pages/index.jsp?uREC_ID=457990&type=d

Anderson High School:

https://www.andersononline.org/apps/pages/index.jsp?uREC_ID=221917&type=d&pREC_ID=486618

Connally High School: sites.google.com/pfisd.net/connallygsa/home
Georgetown High School: www.georgetownisd.org/Page/15223
Lake Travis High School: www.ltisdschools.org/domain/870

McNeil High School: email Miles Bowen for more information at miles_bowen@roundrockisd.org

Texas School for the Deaf:

https://www.tsd.state.tx.us/apps/pages/index.jsp?uREC ID=428149&type=d&pREC ID=1087366

Weiss High School: www.pfisd.net/domain/1784

Westwood High School: email Anthony Garza for more information at

anthony garza@roundrockisd.org

LGPOA Austin

Austin Lesbian & Gay Peace Officers Association supports LGBTQ+ Sworn civilian and retired employees of the APD by providing a voice for equality.

PFLAG Austin

PO Box 49881

Austin, TX 78765 (512) 302-3524

pflagaustin.org/

Chapter of PFLAG National. This organization welcomes parents, families, and friends of LGBTQ+ persons through support groups, community education, advocacy, and social events.

Out Youth

909 East 49th ½ Street Austin, TX 78751 (512) 419-1233

www.outyouth.org

hello@outyouth.org

Safe, accepting space for youth of all sexual orientations and gender identities. OutYouth has many programs and services for LGBTQ+ youth and their allies, including a Drop-In Center, family and individual counseling, school-based services, gender affirming wellness care, gender affirming support groups, health and safer sex trainings, advocacy and social events.

QT Voices

https://sites.utexas.edu/queerandtransvoices/

QT voices is the online magazine of the LGBTQ Studies Program at UT Austin.

Education and advocacy

Deaf Queer Resource Center

Can be found in several social media platforms

www.deafqueer.org currently under construction

National nonprofit resource and information center for, by, and about the Deaf LGBTQ+ communities.

Equality Texas

507 West 15th Street Austin, TX 78701 (512) 474-5475

info@equalitytexas.org

www.equalitytexas.org/

Statewide foundation based in Austin that educates about legislative issues affecting LGBTQ Texans and organizes protests, campaigns, events, and lobbies. Programs include Queer the Vote, the TransVisible Project, the Equality Project, and Keep Texas Open for Business.

Gender Spectrum

www.genderspectrum.org/

Provides trainings and resources to parents, caregivers, and community organizations about understanding gender and sexuality.

GLSEN Austin

P.O. Box 144 Austin, TX 78701

austin@chapters.glsen.org

https://www.glsen.org/chapter/austin

Chapter of a national non-profit organization focused on ensuring safe and affirming schools for LGBTQ+ students, by working within schools, communities, and legislative issues.

Lambda Legal

National Headquarters South Central Regional Office 120 Wall Street, 19th Floor 3500 Oak Lawn Avenue, Suite 500

New York, NY 10005 Dallas, TX 75219 (212) 809-8585 (214) 219-858

Legal Help Desk: www.lambdalegal.org/helpdesk

Know your rights in Texas: www.lambdalegal.org/states-regions/texas

National legal organization whose mission is to achieve full recognition of the civil rights of LGBTQ people and people living with HIV, through impact litigation, education, and public policy work. They provide pro bono legal representation and advocacy to selected cases in these populations; they provide free resources online and through their legal help desk to all.

Southerners On New Ground (SONG)

561 W. Whitehall Street Atlanta, GA 30310 (404) 549-8628

kindred@southernersonnewground.org

southernersonnewground.org/

Regional organization focused on LGBTQ liberation across all lines of race, class, ability, age, culture, gender, and sexuality in the South. They provide training, online resources, engage in legislative advocacy, and have working groups dedicated to targeted topics like language justice, political education, rural and small towns, grief and spiritual care.

Transgender Education Network of Texas (TENT)

P.O. Box 41363 Austin, TX 78704

info@transtexas.org

www.transtexas.org/

Services include educational trainings (cultural competence and gender advocacy), advocacy and lobbying around the state, and community engagement events for building awareness.

The Trevor Project

https://www.thetrevorproject.org/

Organization that provides information, advocacy and crisis services to LGBTQ youth.

Meals

All Saints Episcopal Church

209 W. 27th St. | 512-476-3589

https://www.allsaints-austin.org/home-cooked-fridays/ D

Free meal every Friday at 4 PM. Temporarily closed until further notice

Angel House Soup Kitchen of Austin Baptist Church

908 East Cesar Chavez Street
Austin, TX 78702
(512) 474-2666
Breakfast everyday 9:30-10am
Lunch everyday 11am-12:30pm
Closed on Thanksgiving and Christmas day

Caritas of Austin - Community Kitchen

611 Neches Street Austin, TX 78701 (512) 478-4610

Monday through Friday 11am – 12:30pm: Free, nutritious lunch, no documentation required

Central Texas food bank Summer meals for kids

YMCA - North Austin
Enter parking lot from Mearns Meadow
Boulevard
1000 W Rundberg Ln.
Austin, TX 78758

Distributions: Thursdays from 9:00-10:00 a.m.

Feed My People Breakfast (First United Methodist Church)

I 300 Lavaca Street (512) 453-6570 Tuesday and Thursday 5:15 to 7:15: free breakfast

Food for Friendship

2132 Bluebonnet Ln Austin, TX 78704 (512) 444-7120

hot breakfast provided to anyone in need

Food Not Bombs @ ARCH

https://foodnotbombs.net/new_site/index.php
2103 Nueces, Austin, TX
Event held between ARCH and Salvation Army
(Neches Street between 7th and 8th)
Sundays at 3:30pm at the German House coop
(Deutsches Haus) at 2103 Nueces.

2000 Pearl St, Austin, TX 78705
Saturdays 2-4pm at the Pearl Street Coop co-op (2000 Pearl St)

Neighbor to Neighbor

At Trinity Center 304 East 7th Street Austin, TX 78701 (512) 610-3542

https://welcometableaustin.org/neighbor/

For people who live in 78702, 78721, 78723, 78724, 78741, and 78752
Walk-through services for food and/or diapers are by appointment only.

Breakfast 9-9:30 weekdays

Micah 6 Street Youth Drop-In Center

2130 Guadalupe, lower floor admin building University Baptist Church, 2107 San Antonio Street, Austin TX 78705 Street youth program (512) 767-5910

Sunday at 2pm: meals, computer lab, special educational programs
Sundays 2:00-6:00pm

Mobile Loaves & Fishes Trucks

(512) 328-7299 9301 Hog Eye Road, Suite 950, Austin, TX 7872 8am-5pm

www.mlf.org

For schedule and location of trucks https://mlf.org/truck-schedules/

Senior Congregate Meal Program

Gus Garcia Recreation Center 1201 E. Rundberg Lane Austin, TX 78753 (512) 339-0016

https://www.austintexas.gov/sites/default/files/files/Parks/Senior_Activity_Centers/CMeal_General_Info.pdf

Austin Parks and Recreation department program; lunch along with social, recreational, and educational activities for seniors 60 years or older.

Summer Food: Healthy Meals for Kids

https://squaremeals.org/Programs/SummerMealPrograms/SummerMealSiteMap.aspx
Call 211 or text FOOD to 304-304

Free meals and snacks for youth aged 18 and under during the summer months

St Andrew's Presbyterian Church

14311 Wells Port Drive (512) 251-0698

Thursday 5:30pm – 8:30pm: shower and laundry facilities

2nd & 4th Saturday of every month but not the 4th Saturdays in November & December from 10am-12pm Food and diapers

University Baptist Church

2130 Guadalupe Street Austin, TX 78705 (512) 478-8559

Thursday 5pm - 6pm: free hot dinner

University United Methodist Church Austin

2409 Guadalupe Street Austin, TX 78705 (512) 478-9387 Saturday 7:30am-10am free brunch

New Americans, immigrants, and refugees

(Please see the Legal services section for more resources)

Government assistance in immigration matters

U.S. Citizenship and Immigration Services (USCIS)

Application Support Center Texas-San Antonio Field Office

Parkline Shopping Center 20760 N US 281, Ste A 11301 Lakeline Blvd, Ste 150 San Antonio, TX 78258

Austin, TX 78717

National Customer Service Center: I (800) 375-5283

Make an appointment online: https://my.uscis.gov/en/appointment/v2

Forms and fees: www.uscis.gov/forms

Case status online: <u>egov.uscis.gov/casestatus/landing.do</u>

E-file: <u>www.uscis.gov/file-online</u>

U.S. Department of State - Visas

travel.state.gov/content/visas/en.html

U.S. Department of Health and Human Services / Administration for Children & Families / Office of Refugee Resettlement

www.acf.hhs.gov/orr

USCIS - Welcome to the United States Guide

https://www.uscis.gov/citizenship/civic-integration/settling-in-the-us

Covers matters such as education and childcare, emergencies and safety, employment, getting settled, health care and families, and money and finance. Resources are available for download in English, Arabic, Chinese, French, Haitian Creole, Korean, Portuguese, Russian, Somali, Spanish, Tagalog, Urdu, and Vietnamese.

Consular Offices in Texas

https://www.sos.state.tx.us/border/intlprotocol/embassies/

Texas Secretary of State directory of the consulates and embassies located in the State of Texas.

Austin-area services and resources

GlobalAustin International Austin Calendar

www.internationalaustin.org

List of Austin Area Cultural Groups

library.austintexas.gov/nip/cultural-groups

AISD International Welcome Center

Webb Middle School 601 E. St. Johns Ave. Portable P-581 Austin, TX 78752 (512) 414-6426

https://www.austinisd.org/refugee-immigrant-services/iwc

The International Welcome Center provides important information about our schools to students and their families who are new to the United States in order to facilitate their acclimating to American culture while maintaining their identity.

AISD Refugee Family Support Office

Contact Refugee Family Support Office (512) 414-0545

salimah.shamsuddin@austinisd.org
www.austinisd.org/refugee-immigrant-services

This office serves as a language and resource hub for refugee and asylee students enrolled in AISD schools, and their families. They can facilitate interpretation and translation for parent/teacher conferences, meetings, school forms, campus events, home visits, disciplinary matters, and more, in the following languages: Arabic, Burmese, Farsi/Dari, French, Karen (limited), Karenni (limited), Kirundi, Kiyarwanda, Kurdish, Lingala, Nepali, Pashto, Russian, Somali, Spanish, Swahili, Thai, Tigrinya, and Urdu.

The Amala Foundation

1006 South 8th Street Austin, TX 78704 (512) 476-8884

info@amalafoundation.org

www.amalafoundation.org

Offers social-emotional learning programs for children and teens from diverse cultural, racial, and socioeconomic backgrounds, which include mindfulness, movement, and sharing circles; 80% of youth participants receive scholarships. Programs for adults include workshops, trainings, and classes focused on emotional intelligence, personal and community wellness, equity and cultural responsiveness, and healthy communications. Amala Foundation is committed to serving immigrants and refugees new to Austin as they join the community.

Austin Refugee Roundtable

www.austinrefugees.org

A coalition of non-profit organizations serving refugees. Follow their blog or newsletter for news and information about events and services in and around Austin.

Center for Survivors of Torture

9415 Burnet Road, Ste #201 Austin, TX 78758 (512) 358-4612

www.cstnet.org

Office hours: Monday - Friday, 9am - 6pm

According to an analysis of research studies, as many as 44% of refugees entering the U.S. are either primary or secondary survivors of torture. CST provides wraparound services for adult and child survivors of repeated trauma, in a culturally competent setting. Services include counseling, forensic reports, medical care, training, social services, and the APB education program.

City of Austin Refugee and Immigrant Outreach Liaison

Contact Sadot Azzua: (512) 974-4461

www.austintexas.gov/page/refugee-immigrant-outreach

The liaison partners with neighborhood schools, churches, and other organizations to provide civic education to recent immigrants; safety fairs and workshops showcase the community resources available to enhance safety and sense of well-being.

City of Austin Refugee Health Clinic

Clarksville Community Health Center 1000 Toyath St. Austin, TX 78703 (512) 972-6210

https://www.austintexas.gov/department/refugee-services

Provides services to refugees relocating to the Austin/Travis County area, as well as to asylees, Cubans who enter the US under the Cuban Adjustment Act, and Certified Victims of Human Trafficking. Health services include general physical examination, vision and hearing assessment, dental assessment, screening for TB, HIV, Hepatitis A/B/C, syphilis, and intestinal parasites, testing for the presence of other diseases, immunizations, medical social services, and assistance with completion of the I-693 Supplement Form for immigration purposes.

iACT for Refugees (Interfaith Action of Central Texas)

2921 E. 17th Street, Bldg D, Ste 3 Austin, TX 78702 (512) 386-9145

iact@interfaithtexas.org

www.interfaithtexas.org/iact-for-refugees-2/

Programs include English as a Second Language classes for adults and a summer youth program with English and math instruction, cultural orientation, and outdoor recreation (followed by academic support during the school year).

Multicultural Refugee Coalition

Mailing Address PO Box 41566 Austin, TX 78704 (512) 537-7312 info@mrcaustin.org

www.mrcaustin.org

Open Arms Studio 727 Airport Blvd Austin, TX 78702

MCR's mission is to create livelihood opportunities for refugees. Their social enterprises include New Leaf Agriculture, which operates sustainable community gardens and commercial farm; Open Arms Studio, which provides sewing training and living wage work for refugees; and Shared Voices Language Services, which trains refugees as professional interpreters to strengthen local language access services.

Refugee and Immigrant Center for Education and Legal Services

2101 S I-35 Frontage Rd Ste 300, Austin, TX 78741 (512) 994-2199

www.raicestexas.org

Monday - Wednesday, 8am - 12pm

Services offered at the walk-in clinic include removal defense, unaccompanied children, family-based and humanitarian immigration services. There is a \$45 consultation fee, which can be waived depending on capacity, income, or case type. The organization also provides services around: residency and citizenship, asylum seekers, adult victims of crime, DACA renewals, family reunification, refugee resettlement, and immigration accompaniment.

Refugee Services of Texas

500 East St. Johns Ave, Ste 1.280 Austin, TX 78752 (512) 472-9472 austin@rstx.org www.rstx.org

Primarily serves newly arrived refugees with their initial resettlement into the local community. Services include STEP (Survivors of Trafficking Empowerment Program), resettlement, job readiness training and placement, legal services, medical case management, social adjustment, community wellness, cash assistance, and English as a second language. Offices are closed but managers are working remotely.

Pet and animal resources

ASPCA Animal Poison Control

I (888) 426-4435

www.aspca.org/pet-care/animal-poison-control

If you think your pet may have ingested a poisonous substance, call for consultation. The resource is available 24 hours a day. Website includes a guide to poisonous plants, foods to avoid feeding your pets, and common poisonous household products.

Austin Animal Center

7201 Levander Loop Bldg A Austin, TX 78702 Call 3-1-1

www.austintexas.gov/department/about-austin-animal-center

Adoption/reclaim hours: I I am - 7pm every day

Animal intake Monday through Friday by appointment onlyS

Resources for pet surrender, lost and found pets, community cat protection, outreach about animal welfare and safety. Free microchips and ID tags available to Travis County residents.

Austin Humane Society

124 W. Anderson Lane Austin, TX 78752 (512) 646-PETS (7387)

adoption@austinhumanesociety.org

austinhumanesociety.org

Monday – Saturday 12pm – 7pm, Sunday 12pm – 5pm

Provides pet adoption services, rehoming/surrender of pets, outdoor cat trap, neuter, release program.

Austin Reptile Service

Currently closed 08/22

(512) 83-SNAKE (837-6253)

timcole@austinreptileservice.net

austinreptileservice.net

Organization aimed at conversation through education. Website includes a snake, lizard, and tutle identification guide for common reptiles in Central Texas.

Austin Wildlife Rescue

Intake Center: (512) 472-9453

https://www.austinwildliferescue.org/

Monday - Sunday 9am - 4pm

Non-profit dedicated to helping sick, injured, and orphaned wildlife in Central Texas. Doesn't

5401 E. MLK Jr. Blvd accept domestic animals, adult deer or non-native species.

CDC - Preventing Dog Bites

https://www.cdc.gov/healthypets/pets/dogs.ht ml

Information about the prevention of dog bites, and what to do if an unfamiliar dog bites you or a family member.

Compassionate Pet Vet

House calls by appointment only (512) 553-8333

compassionatepetvet.com

In-home pet euthanasia available in Travis, Williamson, and parts of Bastrop and Hays Counties. Appointments available 7 days a week from 9am to 4pm

Emancipet low cost Clinic Pflugerville

Windermere Dr. Suite 420 Pflugerville TX 78660 (512) 587-7729

https://www.emancipet.org/pflugerville/

M-F10am-6pm Health pet services no appointment needed.

Spay & Neuter Require Appointments It is not a full-service veterinary clinic and do not treat sick or injured pets. They offer low cost spay/neuter surgery and preventative care like vaccinations, microchips and other services for dogs and cats.

Emancipet Free Day Clinics

Locations vary

emancipet.org/austin/financial-aid/

Free spay and neuter services for pets within Travis County. First-come, first serve basis.

Rabies Vaccination Events

Held twice a year

www.austintexas.gov/department/free-and-low-cost-services

Sponsored by the City of Austin.

Shelters

Ending Community Homelessness Coalition (ECHO)

<u>austinecho.org/get-help/experiencing-</u> homelessness

Walk-ins available at Downtown Austin Community Court (DACC) Wednesdays 12-4pm

505 Barton Springs Rd. I^{st} floor (One Texas Center)

ARCH – Austin Resource Center for the Homeless

https://www.homelessshelterdirectory.org/shelt er/tx_austin-resource-center-for-the-homelessarch

Front Steps shelter

https://frontsteps.org/

Offers various transitional services to restore hope to our clients and assist them with moving from homelessness to permanent housing.

Austin Shelter for Women and Children

https://salvationarmyaustin.org/texasaustin/womenshelter/

4613 Tannehill Ln Bldg 3, Austin, TX 78721 (512) 933-0600

Casa Marianella

821 Gunter Street TX 78702 (512) 385-5571

info@casamarianella.org

https://www.casamarianella.org/

For adult, recently arrived immigrants. Other services include meals, clothing, ESL and jobreadiness courses.

Posada Esperanza: (512) 928-8862 is the housing program for immigrant mothers and their children escaping domestic or cultural violence.

(512) 974-4879

Coordinated assessment survey helps match people with programs based on needs and

Cold Weather Shelter in Churches

November through March (512) 305-ICEE (4233)
Call for updates on shelter availability.

LifeWorks Transitional Living Program 512-735-2100

For homeless youth ages 18-21 who are willing to participate in case management.

LifeWorks Youth Shelter

3700 S. Ist Street (512) 735-2400

For homeless, runaway or displaced youth ages II-I7 from Travis County, or youth ages II-2I in CPS or extended foster care

SafePlace (Austin Children's Shelter)

(512) 267-SAFE (7233)

TTY for the Deaf community at (512) 927-9616 For women, children, and men who are victims of domestic abuse.

Salvation Army Downtown Shelter (Red Shield Lodge)

501 East 8th Street
512-634-5900
For single adults.
Find COVID updates here:

http://salvationarmyaustin.org/covid-19/

Tax preparation

AARP Foundation Tax-Aide

888-OUR-AARP (888-687-2277)

taxaide@aarp.org

www.aarp.org/money/taxes/aarp taxaide/

Their trained volunteers offer free tax-filing help for low-to-moderate income taxpayers (special focus on those 60+ years of age). English and Spanish speakers available. Sites open annually from late January to April 15th. Visit website to find nearest site to you. Online assistance is available year-round.

Foundation Communities

Tax prep at Prosper North 5900 Airport Blvd Austin, TX 78752 (512) 610-7374 Round Rock Library 216 E Main St.

Services available January - April and June - October

taxes@foundcom.org

communitytaxcenters.org

foundcom.org/prosper-centers/austin-tax-help/

Certified tax preparers to assist with filing tax returns and claiming the maximum refund. Help also available for responding to IRS letters and completing ITIN applications. English and Spanish speakers. ASL appointments also available (please call to schedule or make a note in the online appointment system to request ASL interpretation). Eligibility based on income.

United Way of Central Texas Volunteer Income Tax Assistance

4 N. 3rd Street

Temple, TX 76501

VITA@uwct.org

https://www.uwct.org/volunteer-income-tax-assistance-program-vita

Certified volunteers who provide free tax help to individuals and families making \$55,000 a year or less, persons with disabilities, the elderly, and limited English speaking tax payers. The program is open February through April. Another service provided is the Tax Counseling for the Elderly program, specializing in questions about pensions and retirement-related issues. Services will be available at multiple locations; see website for details during tax season.

Translation services

3 Bridges Austin

(512) 401-3957

3bridgesaustin.com

service@3bridgesaustin.com

Certified American Sign Language interpreters, for medical, community, education, and professional situations.

Austin ISD

Department of Communication & Community Engagement

Office of Translation & Interpretation (512) 414-4581

translation@austinisd.org

www.austinisd.org/communications/requestservices/translation

Written Spanish translations provided yearround for communications with parents and curriculum-related materials. Translations into Vietnamese and Arabic available on a case-bycase basis. Requests will ONLY be accepted electronically using the on-line request form.

Bruton Translations

(51@) 576-7188

info@brutontranslations.com www.brutontranslations.com

Translations in Spanish, Portuguese, Italian, French, German, Arabic, Farsi, Russian, and Chinese. Document translation and on-site or telephone interpretation. Spanish certificates (birth, marriage, death, etc.) \$50, certified and notarized. Get a free quote by phone.

Communication by Hand

1802 W. Koenig Lane Austin, TX 78756 (512) 467-1917 communicationbyhand.com terp@cbhand.com

24-hour American Sign Language interpreting agency serving the Central Texas Deaf community. Available for medical, professional, educational, legal, VRI, and tactile interpreting.

HOFT Institute

2400 Pearl Street Austin, TX 78705 (512) 472-6666 hello@hoft.edu

https://www.hoft.edu/services/#trans

Professional translation services in the following languages: Arabic, Chinese, Farsi, French, German, Hindi, Italian, Portuguese, Russian, Spanish, Turkish, and Urdu. Document translations as well as on-site or online interpretation available. Send document to the email address above for a quote.

Texan Translation

8000 Centre Park Dr, Ste 360, Austin, TX 78754 (512) 992-5467 info@texasntranslation.com texantranslation.com/fag

Certified, legal, academic, personal, and commercial document translation available; inhouse translations in English, Spanish, French, German, Portuguese, and Swedish; other languages available through freelancers. Upload documents for a quote.

Transportation

SoberRides.org

soberrides.org

Texas Department of Transportation website that helps connect people to sober rides, through rideshares, cabs, phoning a friend, or alternate modes of transportation. Also available in Spanish.

Taxis

ATX Coop Taxi – (512) 333-5555 **Lone Star Cab** – (512) 836-4900 **Yellow Cab** – (512) 452-9999

Public transit, commuters, carpooling

Capital Metro

capmetro.org/ourservices/

or download the CapMetro App

Visit for transit route map, trip planner, service/schedule changes, information about Project Connect, and details about Capital Metro's programs and services including MetroRideShare, guaranteed ride home, UT shuttles, Round Rock service, etc.

Kids under 18 ride free on all CapMetro services

Reduced fare programs for seniors, Medicare card holders, riders with disabilities, student 6-18 without a school ID.

MetroAccess

209 W 9th Street Austin, TX 78701 (512) 474-1200

https://www.capmetro.org/metroaccess

metroaccess@capmetro.org

Demand-response, shared-ride service for people whose disabilities prevent them from riding regular bus and rail service.

MyCommuteSolutions

mycommutesolutions.com

Carpool matching and trip-planning tool for the Austin area. Employers can set up profiles for coworkers to find carpoolers.

Street Youth Ministry of Austin

408 West 23rd Street Austin, TX 78705 (512) 533-3796

Bus passes available for youth working towards goals.

Medical transportation

Angel Flight South Central

(972) 755-0433

info@angelflightsc.org

https://www.angelflightsc.org/

Free transportation for people in need of critical medical treatment not available to them locally. Serving Texas, New Mexico, Oklahoma, Arkansas, and Louisiana.

Children with Special Health Care Needs (CSHCN)

Health and Human Services Round Rock 1101 East Old Settlers Boulevard Suite 100 Round Rock, TX 78664 (512) 244-1592

https://www.hhs.texas.gov/services/disability/children-special-health-care-needs-program

Provides health care visit transportation for eligible children with special health care needs. It also covers people of all ages with cystic fibrosis. A special health care need is defined as a medical problem that is expected to last at least 12 months, limits one or more major life activities, needs more than the usual amount of health care and has physical symptoms.

Drive a Senior

901 West Braker Lane Austin, TX 78758 (512) 453-2273

nc@driveasenior.org

https://www.driveasenioratx.org/

Provides free, pre-scheduled rides for seniors, concentrating on medical and health-related travel. Eligible riders are 60 years of age or older, non-driving or limited driving, within boundaries of service area, and must be able to walk on their own or with walkers/cane.

Medical Transportation Program

4900 North Lamar Boulevard Brown-Heatly Building Austin, TX 7875 I

Service Request line: (877) 633-8747 https://www.tmhp.com/programs/mtp

Sets up non-emergency rides for people who have no other way to get to their Medicaid health-care visits (includes people with Medicaid, children who get services through CSHCN, and people in the Transportation of Indigent Cancer Patients program)

Mercy Medical Angels Patient Travel Referral Program

(757) 318-9174

https://www.mercymedical.org/request-assistance

Provides charitable medical transportation through commercial airline tickets, volunteer pilot operations, and long distance ground transportation.

Senior Access: Transportation for Seniors

2498 E. Palm Valley Blvd. Round Rock, TX 78665 (512) 310-1060

Free rideshare for medical and health-related travel; group trips to grocery stores, banks, and pharmacies also provided. For medical-related appointments, riders must be at least 65 years of age; for van trips and social outings, 60 years of age.

Transportation for Cancer Patients through American Cancer Society

1(800) 227-2345

https://www.cancer.org/treatment/support-programs-and-services/patient-transportation.html

Provides free transportation for cancer patients to treatment and other cancer-related appointments.

Cycling and pedestrian resources

Austin Yellow Bike Project

1216 Webberville Road Austin, TX 78721 (512) 524-5299

austinyellowbike@gmail.com

austinyellowbike.org

An educational organization and facility where you can learn to build, repair, and ride bikes.

Bicycle Master Plan

www.austintexas.gov/page/austin-bicycle-master-plan

Resource from the City of Austin about the long-term plan for bike accessibility and safety.

Bicycle registration for City of Austin

https://www.austintexas.gov/page/bike-registration

Bike Austin

bikeaustin.org/

1108 Lavaca, Suite 110 #153 Austin, TX 78701

info@bikeaustin.org

Organization that promotes cycling in Austin, provides education and training to beginning cyclists, advocates for cyclist/pedestrian safety laws.

Pedestrian Program

https://www.austintexas.gov/department/pedestrian-safety-action-plan

City of Austin hub for pedestrian safety, initiatives in new development, sidewalk and street safety.

Texas Department of Transportation Share the Road

https://www.txdot.gov/driver/safety/pedestrians.html Safety tips for pedestrians.

Utility Assistance

CEAP Energy Assistance for Williamson and Burnet Counties

Opportunities for Williamson & Burnet Counties 604 High Tech Drive Georgetown, TX 78626

info@owbc-tx.org

www.owbc-tx.org/ceap-energy-assistance/

Low-income households who participate in SNAP, SSI, TANF, and other benefit programs may qualify for monthly energy bill assistance.

City of Austin Utilities Customer Assistance Program

P.O. Box 848 Killeen, TX 76540 (512) 494-9400

https://coautilities.com/wps/wcm/connect/occ/coa/util/support/customer-assistance/cap-overview

Customers on low or fixed incomes who participate in certain assistance programs (Medicaid, SNAP, CHIP, SSI, and more) can apply for reduced utility bills. Apply by calling to request a form by mail or downloading the form on the website above.

Financial Support Plus I

https://coautilities.com/wps/wcm/connect/occ/coa/util/support/customer-assistance/plus-1

City of Austin program providing emergency, temporary financial aid on utilities. Funding is distributed by social service agencies who screen for eligibility; visit the website to see a full list of the agencies and apply.

Travis County Utility Assistance

Pflugerville Location 15822 Foothill Farm Loop Pflugerville, TX 78660 (512) 854-1530

pflugerville@traviscountytx.gov

www.traviscountytx.gov/health-human-services/individuals-families/utility-assistance

Applications can be made at any of the Travis County Health and Human Services locations. Eligibility is based on federal poverty income guidelines (based on household size and income).

Veterans

National organizations/ offices

US Department of **Veterans Affairs**

www.va.gov

Main website for the VA, with directory of VA office locations, links to applications for benefits, overview of assistance

available to veterans, their families, and survivors, information on obtaining records, and more.



www.va.gov/education/

Learn about eligibility for GI Bill and other VA education/training benefits, vocational rehabilitation, and benefits for dependents or survivors.

US Department of Labor Veterans' **Employment and Training Service**

www.dol.gov/agencies/vets

Helps service members and military families by preparing them for careers, providing employment resources and expertise, and protecting their employment rights. Visit the website to find a job, apprenticeship opportunities, programs for women veterans, the Transition Assistance Program, and more.

US Small Business Administration – Office of Veterans Business Development

www.sba.gov/offices/headquarters/ovbd

Assists veterans in locating, applying for, and using small business programs; provides policy analysis and reporting; acts as an Ombudsman for veteran entrepreneurs.



PRESS 1

organizations/offices

Services Center

1615 E. Woodward St Austin, TX 78772 (512) 460-5645

www.fsc.va.gov/fsc

Monday - Friday, 7:15am - 4pm Products and services for veterans include: accounting, audit recovery, consulting, purchase cards, document

management services, electronic commerce/electronic data interchange, medical claims, payments, payroll, reconciliation services, and travel voucher processing.

Austin VA Vet Center

1524 South IH 35 Ste 100 Austin, TX 78704 (512) 416-1314 Monday - Friday, 8am - 4:30pm www.va.gov/directory/guide/facility.asp?ID=5459

Caritas of Austin Veterans Assistance

www.caritasofaustin.org/what-we-do/veteransassistance

After a coordinated intake, veterans and their families can receive services to help with transitional housing, financial assistance, benefits access, healthcare and mental health services, food and clothing pantries, and more.

City of Austin Veterans Services Office (512) 974-3459

www.austintexas.gov/veterans

PDF of City of Austin Veteran's Resources Directory:

https://www.austintexas.gov/sites/default/files /files/WELCOME%20HOME-%208-5.pdfProvides support for City of Austin employees who are in the National Guard/Reserve or are veterans, as well as their families. Office also trains City departments on federal legislation around veteran affairs, collects furniture donations for formerly-homeless veterans, and more.

Easter Seals Military and Veteran Service Program

2324 Ridgepoint Dr # FI Austin, TX 78754 (512) 615-6800

www.easterseals.com/centraltx/our-programs/military-veteran-services

Aims to improve the mental health and overall wellness of Texas veterans and their families through mental health services and wraparound nonclinical services. The program is provided in partnership with other area non-profits. Services include: resource assessments and counseling, quality education programs and childcare opportunities, employment services & paid job training, and more.

Front Steps - Support Services for Veteran Families

2211 South IH 35, Ste 301

Austin, TX 78741

Call Caritas Intake Hotline for phone assessment: (512) 472-4135

https://frontsteps.org/who-we-are/veterans/

Program provides short term, rapid rehousing assistance with intensive case management to very low-income veteran families, with the goal of obtaining stable permanent housing.

Integral Care Veteran, Military, and Family Services

Psychiatric Emergency Services Adult Integrated Care, Rundberg Clinic

1165 Airport Blvd, 2nd Floor 825 E. Rundberg Lane, F-1

Austin, TX 78702 Austin, TX 78753

Mon – Fri, 8 am – 10pm; Sat, Sun, & holidays, Monday – Friday, 8am – 5pm

10am - 8pm

(512) 472-HELP (4357)

www.integralcare.org/en/military-veteran

Resources for veteran, military, and their families include trauma-informed care, counseling, medicine, mentorship from veteran peers, housing services, drug & alcohol treatment, and mental health first aid training customized for military experience. Services are available regardless of ability to pay; interpreters and translators available. See Healthcare section for more information about Integral Care.

Nami Homefront

(703) 524-7600

namieducation@nami.org

https://namitexas.org/veterans/

Free 6 session program for the family, friends and significant others of military service Members and Veterans. The program is designed to help family members understand and support their Service Member/Veteran while maintaining their own well-being.

Military Veteran Peer Network - Capital Area

Travis county: Williamson County:
Contact James Lambert Contact Marcos Garcia
(512) 527-4584 (512) 298-7590

james@samaritan-center.org marcos.garcia@bbtrails.org

www.texvet.org/partners/mvpn-military-veteran-peer-network

Connects veterans and their families to local, state, & national resources through an active group of veteran peers.

Paralyzed Veterans of America Texas Chapter

Main Office 6418 FM 2100 Rd Crosby, TX 77532 (713) 520-8782 Satellite Office in Austin (800) 933-4261

www.texaspva.org

Helps veterans, their families, and all people with disabilities with accessibility issues, civil rights, VA benefits, transportation issues, and legal assistance. Programs include sports & recreation, research & education, advocacy & legislation, and member assistance such as hospital liaisons and emergency help.

Travis County Veterans Services

5325 Airport Boulevard Austin, TX 78751 (512) 854-9340

www.traviscountytx.gov/veterans-services

Monday- Thursday: 9am – 4pm by appointment only Monday- Thursday: 5pm-9pm extended virtual hours

Appointments available to Travis County Residents and Travis County employees ONLY.

(Schedule appointment at www.traviscountytx.gov/veterans-services/contact-form)

Provides eligible veterans, dependents, and survivors direct and general support & assistance in obtaining benefits to which they are entitled from the Veterans Benefits Administration, including pre-discharge benefits.

TexVet

www.texvet.org

State-wide veteran resource database, includes services and programs such as mental health resource, legal help, events, social groups, women veterans' services, VA claims, property tax, homeless assistance, transportation, entrepreneurial and job opportunities.

Texas Veterans Commission

P.O. Box 12277 Austin, TX 78711 (512) 463-6564 info@tvc.texas.gov

www.tvc.texas.gov

Organization that advocates for veterans, their families, and survivors, and provides service in eight program areas: claims representation and counseling, veterans employment services, education, entrepreneur program, health care advocacy, mental health program, women veterans program, and the Fund for Veteran's Assistance.

Veterans Yoga Project -

info@veteransyogaproject.org

https://veteransyogaproject.org/ (Disabled, check Facebook page)

Directory of yoga classes by teachers who have completed a veteran-specific Mindful Resilience Training for Trauma Recovery program. Classes are conducted in conjunction with Vet Centers, VA hospitals, treatment centers, student veteran groups, and other community veterans support organizations.

College & University Veterans Services

Austin Community College Veterans Resource Center

ACC Veterans Resource Center 6101 Highland Campus Drive Austin, TX 78752

veterans@austincc.edu

www.austincc.edu/campuses/veterans-resource-center

Offers veteran and military students at ACC support services such as VA certification and advising for VA benefits. Lounge area available for students to connect with peers and participate in veteran-specific activities. Satellite offices for veterans' affairs at ACC Highland, Northridge, Round Rock and Riverside.

St. Edward's University Office of Veterans Affairs

Main Building, Student Financial Services Room 204

3001 S. Congress Avenue

Austin, TX 78704

Contact Dustin Noll, Military & Veterans Affairs Coordinator: dnoll@stedwards.edu

(512) 492-3193

www.stedwards.edu/veterans-affairs

Monday - Friday, 8am - 5pm

Campus support includes: graduate/undergraduate admissions, student financial services, academic counseling & support, career & professional development, student disability services, assistance navigating veterans' benefits and administration, Hilltop Student Veterans Association, and more.

Texas State University Office of Veterans Affairs

105 J.C. Kellam 601 University Drive San Marcos, Texas 78666 Phone: (512) 245-2641

veteransaffairs@txstate.edu https://www.va.txstate.edu/

Resources including career services, counseling, mental health, disability services, ombudsman service, peer mentoring, university-specific information (tuition, fees, catalogs, etc.), Veteran Academic Success Center, Veterans Advisory Council, and Veterans Alliance of Texas State.

University of Texas at Austin Student Veteran Services

Office of the Dean of Students Student Services Building 4.472 100 W. Dean Keeton St Austin, TX 78712 512-232-2835 deanofstudents@austin.utexas.edu

deanofstudents@austin.utexas.edu/deanofstudents.utexas.edu/veterans/

Assistance for current and prospective students for admissions, scholarship and grant applications, benefits application and certification process, veteran-centered academic support, career services, health care and wellness resources, and peer-to-peer support on campus.

University of Texas at Austin Student Veteran Association

100 W. Dean Keeton, Room 4.472 Austin, TX 78712 (512) 475-9771

Social organization of veterans providing academic and professional support, social events, peer mentoring, and more.

Volunteer opportunities

Give Pulse

www.givepulse.com

Communicate with causes and organizations through their portal which tracks and verifies your hours and impacts.

KUT Get Involved

www.kut.org/topic/get-involved

KUT radio spotlights a local nonprofit each month that has regular, ongoing volunteer opportunities.

Round Rock Volunteer Center

(512) 733-7625

volrock@volrock.org www.volrock.org

A program of the Round Rock Serving Center, which matches individual and group volunteers to local organizations in need.

Family volunteering

Central Texas Food Bank

6500 Metropolis Dr Austin, TX 78744 (512) 282-2111

www.centraltexasfoodbank.org/get-involved/volunteer

Must be 8 years or older to volunteer in the Warehouse or Mobile Pantry; 15 years or older to volunteer in the Kitchen or Garden; all volunteers under 18 must have an adult chaperone 21 years or older.

Generation Serve

5555 N Lamar Blvd C-123, Austin, TX 78751 (512) 358-6943

contact@generationserve.org
www.generationserve.org

Families with children as young as 3 years can volunteer together; activities may support any of GS's 100+ nonprofit partners in the area. Service learning and teen leadership also available.

United Way Capital Area

(512) 472-6267

hello@uwatx.org

http://volunteer.uwatx.org

Connects individual, group, and company volunteers with projects in local parks and trails, nonprofit agencies, schools, and community centers.

Volunteer atx

https://volunteeratx.com/

A guide to volunteer opportunities in Austin and its surrounding areas.

Volunteer Match

www.volunteermatch.org

Create a profile and get matched with organizations that align with your interests and need your particular skills.

Urban Roots

Office

4900 Gonzales St.

Austin, TX 78702

Farm

7651 Delwau Ln

Austin, TX 78725

(512) 750-8019

volunteer@urbanrootsatx.org

www.urbanrootsatx.org/volunteer

Volunteers needed to plant, weed, and harvest fresh vegetables and fruits on the sustainable urban farm. Most volunteer days are youth-led to provide leadership opportunities.

Youth2Seniors

(512) 961-7805

www.youth2seniors.org/get involved

Connects young people and seniors in engaging activities. Youth and children can sign up to participate; older teens may lead programs once they have experience in the program; adults can volunteer to help run events.

Animals

Austin Animal Center

7201 Levander Loop Bldg A Austin, TX 8702 Call 3-1-1

https://www.austintexas.gov/page/become-volunteer

Help feed and exercise the animals and match with their forever homes. Group, youth group, or individual ongoing regular volunteering opportunities

Austin Humane Society

124 W. Anderson Lane Austin, TX 78752 (512) 646-7387

www.austinhumanesociety.org/volunteer/

Opportunities available for court-ordered community service, fostering animals, and on-going volunteering in the center with dogs and cats (must be 14 years or older, minimum 3-month commitment for 2 hours a week). AHS volunteer orientations are ASL interpreted by ACC.

Austin Pets Alive!

1156 West Cesar Chavez Austin, TX 78703 (512) 961-6519

www.austinpetsalive.org/volunteer

Volunteer opportunities: at home (fostering), APA! Thrift Store, cat or dog programs, medical, support, and events. Group opportunities available. There is a registration fee which includes an APA! Volunteer T-shirt; you may request a fee waiver. Volunteers must volunteer at least monthly; minors 12-17 years old can volunteer with added approval.

Central Texas SPCA

909 S. Bagdad Rd Leander, TX 78641 (512) 260-7722

Volunteer@centraltexasspca.org

www.centraltexasspca.org/volunteer

Help keep the shelter running by helping with errands, cleaning, organizing, and more. 3 types of volunteers needed – youth (ages 10-15) who may visit with dogs and cats while supervised by a parent; regular volunteers (age 16 or older); lead volunteers who provide guidance to new volunteers and visitors to the shelter. Volunteers are asked to commit at least 2 hours per month for at least 6 months. One-time group volunteer opportunities available

Emancipet

Multiple clinics in the greater Austin area Mailing Address 7010 Easy Wind Dr #260 Austin, TX 78752 (866) 441-9248

general@emancipet.org

www.emancipet.org/get-involved/volunteer

Serve on a committee, collect and deliver towels for clinics, or help prepare for big events.

Georgetown Animal Services

II0 W L. Walden DrGeorgetown, TX 78626Contact Shelter Manager and Volunteer Coordinator (512) 930-3592

shawn.gunnin@georgetown.org

https://pets.georgetown.org/volunteers/

Volunteers can help give individual attention to animals, adoption outreach, socialization, fostering, grounds work, and office help. You must be 16 years of age or older and attend a volunteer orientation session.

Texas Humane Heroes

10930 E. Crystal Falls ParkwayLeander, TX 78641(512) 260-3602, ext. 102

volunteer@texashumaneheroes.org

www.humaneheroes.org/more-ways-to-help/volunteer

Individual volunteers must be at least 12 years old. Youth ages 12-15 can come wish a registered volunteer who is 21+. Groups of up to 20 at a time can volunteer if arranged at least 2 weeks in advance. One-time registration payment of \$25, which covers the cost of a volunteer t-shirt and the mandatory orientation class. For court-mandated mandated community service hours, volunteer must be at least 18 years old and should email msheehan@texashumaneheroes.org to set up service.

Arts organizations

Blanton Museum of Art

200 E. MLK Jr Blvd Austin, TX 78712

Susan Griffin (512) 232-1988

volunteer@blantonmuseum.org

https://blantonmuseum.org/membership/studentvolunteeropps/

https://blantonmuseum.org/membership/studentvolunteeropps/Volunteers must be 18+, have 3 hours per week available, committed to volunteering once a week or every other week for one year. Positions include visitor services, gallery monitor, info desk, special events, family activities, membership sales, and graphic design.

Bob Bullock Texas State History Museum

1800 Congress Ave Austin, TX 78701

volunteers@thestoryoftexas.com

www.thestoryoftexas.com/get-involved/volunteer

Volunteers must be 18+, commit to a regularly scheduled shift, and attend continuing education programs. Areas of service include working at visitor information and greeting, serving as an exhibit guide, or teach with the museum's discovery carts.

The Contemporary Austin

volunteer@thecontemporaryaustin.org

https://thecontemporaryaustin.org/support/volunteer/

Special events volunteers needed for weekend and evening openings and programs. Volunteers ages 13+ can volunteer for The Art School, with an emphasis on the children's classes.

Women & Their Work

1710 Lavaca St Austin, TX 78701 (512) 477-1064

Contact Diane Sikes at sikes@womenandtheirwork.org

https://womenandtheirwork.org/membership/volunteer-at-women-their-work-2/ needed for gallery shifts (Mon-Fri, 10am-6pm, Sat 12pm-6pm), and occasional parties, openings, and gallery events on the weekends and evenings.

Children and youth

Any Baby Can

6207 Sheridan Avenue Austin, TX 78723 (512) 454-3743

volunteer@anybabycan.org

https://anybabycan.org/get-involved/volunteer/

Ongoing opportunities to tutor children and parents in literacy, math, and English skills, or to supervise children while parents are in classes; office support; photography at special ABC events. One-time volunteering also available for special events, or for summer serving as counselors for Camp Grey Dove. Volunteers must be 16 years of age or older; camp counselors must be at least 18.

Austin Child Guidance Center

810 W. 45th St Austin, TX 78751 (512) 451-2242

www.austinchildguidance.org/community/volunteers.html

Supervise children in the waiting area as a play leader, assist with maintaining the children's healing garden, help with set up and managing special events, or serve on committees or boards.

Big Brothers Big Sisters of Central Texas

4800 Manor Rd, Bldg K Austin, TX 78723 (512) 472-5437

www.bigmentoring.org

Caring adults mentor children ages 6 to 15. Special need for mentors who are male, bilingual, and/or of color. "Bigs and Littles" meet to explore the community together 3-4 times a month for a minimum of one year.

Center for Child Protection

8509 FM 989, Bldg 2 Austin, TX 78724 (512) 472-1164

https://centerforchildprotection.org/get-involved/volunteers/

Volunteers can work in the direct service path (provide support system for a child and family during child abuse investigation; participate as an undergrad or graduate intern in clinical service, grants, education, marketing, or development); or non-direct service path (administrative support, grants and development, kids closet staffing, general maintenance, and event volunteers).

Court Appointed Special Advocates (CASA)

7600 Chevy Chase Dr, Ste 200 Austin, TX 78752 (512) 459-2272

casa@casatravis.org

www.casatravis.org/volunteer

Volunteers must be at least 21 years of age and able to pass reference, CPS, sex offender registry, and criminal background checks. CASAs serve as the guardian ad litem (official representative) to a child during a CPS case.

Fresh Chefs Society

3736 Bee Caves Road, Suite 1 #104, Austin, TX 78746 (512) 897-6390 info@freshchefssociety.org www.freshchefssociety.org/volunteer

Community members (from professional chefs to culinary-inclined parents) donate their time to teach cooking classes to youth in the foster system; the program also provides apprenticeships in professional kitchens to interested young people.

Foster Angels of Central Texas

(512) 732-2329

maggie@fosterangelsctx.org

https://fosterangelsctx.org/get-involved/

https://fosterangelsctx.org/get-involved/Volunteers needed for special fundraising events, caseworker appreciation events, back-to-school backpack drive for children in foster care, and more.

Girls Empowerment Network Austin

2801 S. I-35, Ste 110 Austin, TX 78741 (512) 808-4044

www.girlsempowermentnetwork.org/get-involved/volunteer

GEN puts on conferences, workshops, and classes to teach self-efficacy to young women in their academic, social, and vocational lives. Volunteers are needed to help teach programs and mentor young women in specific fields.

OutYouth

909 East 49th ½ St Austin, TX 78751 (512) 419-1233

www.outyouth.org/volunteer

To volunteer at the Drop-In Center, you must be over the age of 22. There is no requirement for many of the other volunteer opportunities, but those under 18 may need a parent or guardian's consent for participation. There are both on-going and one-time volunteer opportunities, with required orientations/trainings varying based on what type of volunteering you are doing.

STARRY

1300 N. Mays St Round Rock, TX 78664 (512) 246-4283

info@starry.org

https://www.starry.org/volunteer/

Court-ordered community service hours are not offered. There is no age limit for volunteers, but teenagers must be accompanied by an adult at all times and children under 12 may only volunteer at the "family friendly" designated volunteer opportunities. STARRY maintains a database of current volunteer and donation needs; these may include coordinating fundraising drives, helping host events, etc.

Texas Runaway Hotline

I (800) 989-6884

www.texasrunaway.org

Helpline volunteers needed to staff the helpline (specialized training provided, choice of hours) and outreach volunteers needed to help distribute public awareness materials.

Texas Juvenile Justice Department

Contact Douglas Brodie (Program Specialist (512) 490-7758

Douglas.brodie@tjjd.texas.gov

www.tjjd.texas.gov

Tutoring and chaplaincy volunteers needed, as well as college interns, recreation assistants, music/arts teachers, guest speakers, gardening instructors, and more; these volunteers will serve the youth living in TJJD facilities. Volunteer application, criminal and driving background check, fingerprinting, personal reference, and specific training required.

Education

American YouthWorks

1901 E. Ben White Blvd SRVD EB Austin, TX 78741 (512) 744-1900

www.americanyouthworks.org/support/volunteer-3

One-on-one tutors needed between 9am-4:30pm Mon-Fri (must be able to dedicate 2 hours/week for at least 12 weeks). Mentors work with a YouthBuild student for 1 year as they complete the program and launch their career. Photographers needed to help take photo of service days, projects, and events. Individual volunteer days of service happen throughout the year. Group volunteer opportunities also available.

Girlstart

1400 W. Anderson Ln Austin, TX 78757 (512) 916-4775

info@girlstart.org

www.girlstart.org/volunteer-opportunities

Volunteers needed to lead STEM activities, present about STEM careers, speak at summer camp and after school programs, serve as mentors to camp participants, and serve on regional councils.

Junior Achievement of Central Texas

(512) 710-5437

info@jacentex.org

www.jacentex.org/ja-volunteer

Junior Achievement delivers entrepreneurial training to young people in the classroom. Volunteers must be 18 years or older, complete the JA training, and be available to work with students during school-day hours. Opportunities include classroom volunteering, company program advising, "JA in a day" curriculum presenters, and more (each with its own particular time and training requirements).

Talking Book Program

Volunteer Recording Studio, Room G30 I201 Brazos St Austin, TX 78701 (512) 475-4605 tbp.services@tsl.texas.gov

top.services@tsi.texas.gov

www.tsl.texas.gov/tbp/vrs.html

Volunteer your time to record books for Texans who are unable

Volunteer your time to record books for Texans who are unable to read standard print. The studio needs reviewers (ensure a quality recording by listening to the audio for errors), monitors (operates the software and cues the narrator for when to stop and start), and narrators (presents the text of the book in a professional and conversational manner).

Environment, nature, gardening

American Botanical Council

6200 Manor Rd Austin, TX 78723 (512) 926-4900

abc@herbalgram.org

www.herbalgram.org

Volunteers needed to help in the demonstration herbal theme gardens.

Austin Parks Foundation

I 023 Springdale Rd #4B Austin, TX 7872 I apf@austinparks.org www.austinparks.org/volunteer/ Volunteer for park beautification days, trail and green space preservation, planting trees, and special events.

Ecology Action

Grove Blvd, Austin, TX 78741 512-322-0000

www.ecology-action.org/volunteer

Volunteer at the Center for Sustainable Futures in education, research and demonstration, and preservation and advocacy. Community service hours available. Group and individual volunteering available on Fridays from 10am-2pm (advance sign up required on the website).

Hill County Conservancy

5524 Bee Caves Road, Suite G4 Austin, Texas 78746 (512) 328-2481

www.hillcountryconservancy.org/events/category/volunteer

Opportunities to help with projects that protect water features and wildlife habitat, or provide access to the Violet Crown Trail.

Keep Austin Beautiful

55 North IH 35, Ste 215 Austin, Texas 78702 (512) 391-0617

info@keepaustinbeautiful.org

www.keepaustinbeautiful.org/volunteer-opportunities

Year-round community cleanup/workday opportunities available at various Austin area parks.

Lady Bird Johnson Wildflower Center

4801 La Crosse Ave Austin, TX 78739 (512) 232-0100

volunteer@wildflower.org

www.wildflower.org/volunteer

Volunteers needed to help tend the gardens, support research, instruct and guide guests, and answer gardening questions online. Special projects, events, and group volunteer opportunities available, as well as limited opportunities for court-ordered and school-required community service hours.

The Trail Foundation

I (855) 44-TRAIL (87245)

volunteer@thetrailfoundation.org

www.thetrailfoundation.org/act/volunteer-opportunities

Corporate and community volunteer groups perform hands-on trail improvement projects like planting, weeding, and other ecological restoration.

Travis Audubon

(512) 300-2473

volunteer@travisaudubon.org

https://travisaudubon.org/jobsvolunteer

Volunteers help with restoration days, visitor education, and conservation of native birds and their habitats. Minors are permitted to volunteer with the written consent of a parent or guardian.

Zilker Botanical Garden

2220 Barton Springs Rd Austin, TX 78746 (512) 477-8672

To volunteer with the Docents contact the Conservancy's Education Director, Matthew Gaston, at

education@zbgconservancy.org

To volunteer with the Horticulture Staff
Check the website to create an account at
GivePulse so you get on the communications
list.

https://zilkergarden.org/volunteer-opportunities/

Docents assist with school garden tours and education; greeters assist visitors, conduct tours, and work in the gift shop; horticulture staff help maintain the gardens and assist with plant identification.

Food

Green Doors

Individual volunteers
Contact Emily Frenzel at (512) 469-6130 x 213

efrenzel@greendoors.org

www.greendoors.org/invest/volunteer.php

Group volunteering (512) 469-9130 info@greendoors.org

Distribute food at their food pantry, assist with fundraising, or run a donation drive in your community. Volunteers must be over the age of 18; both short- and long-term opportunities available.

Meals on Wheels Central Texas

3227 East 5th Street Austin, TX 78702 (512) 476-6325

volunteer@mealsonwheelscentraltexas.org

www.mealsonwheelscentraltexas.org/get-involved/volunteer

Volunteers needed to drive weekly routes or to substitute as needed.

Health

American Heart Association

https://www.heart.org/en/volunteer/opportunities

Multiple volunteer opportunities such as participating in studies, hosting fundraisers, becoming a social media volunteer, or serving as support network to patients and family online and offline. Fill out the form on the website to be connected to local volunteer needs.

Ascension Seton

SETON FOUNDATIONS 1345 Philomena Street Ste. 400 Austin, TX 78723

www.supportseton.org/volunteer

All volunteers must meet the immunization requirements and be 18+ years of age; each hospital site has specific requirements and application windows for student and non-student volunteers, see website for more details.

Austin Recovery

(512) 697-8600

cgates@austinrecovery.org

www.austinrecovery.org

Volunteer with clients or staff to assist the recovery community. Opportunities are based on individual skills and current organizational needs.

Breast Cancer Resource Centers of Texas

BCRC Central Austin

4807 Spicewood Springs Rd, Bldg I, Ste 1100

Austin, TX 78759

(512) 524-2560

BCRC Round Rock

306 E. Main St, Ste 101

Round Rock, TX 78664

(512) 248-1645

Contact the volunteer coordinator: prose@bcrc.org

https://bcrc.org/volunteer/

Volunteers work directly with BRCR clients to help while they are undergoing treatment, give support to patients while they receive infusions, and assist with running special events for fundraising and advocacy.

People's Community Clinic

North Clinic Center for Women's Health and Prenatal Care
1101 Camino La Costa 2909 N IH-35
Austin, TX 78752 Austin, TX 78722
(512) 478-4939

volunteer@austinpcc.org

www.austinpcc.org/donate/volunteer

Volunteers commit to one shift of 3-4 hours per week; must meet immunization requirements (MMR, Varicella, TB, Tdap, and flu shot).

Volunteer Healthcare Clinic

Contact Laura Hurst (Volunteer Director) 4215 Medical Pkway Austin, Texas 78756 lhurst@volclinic.org www.volclinic.org

Clinic needs volunteers with the following expertise or training: physicians (especially family practice), nurses, pharmacists, pharmacy techs, phlebotomists and medical lab techs, dieticians and nutritionists, interpreters/translators (Spanish, Vietnamese, Amharic, Burmese), general office support, fundraising/PR/special projects.

Miscellaneous

Austin Habitat for Humanity

500 W Ben White Blvd Austin, TX 78704 (512) 472-8788

volservices@ahfh.org

www.austinhabitat.org/get-involved/volunteer

Individual, group, and youth volunteers welcome. Volunteers must be 16+ years old to assist on active home construction sites; other activities such as gardening or making birdhouses are open for children as young as 5.

Caring Place

2000 Railroad Avenue Georgetown, TX 78626

Contact Rita Turner: (512) 943-0702

www.caringplacetx.org

Opportunities for group and individual volunteers, and for those needing community service hours. A DPS form for criminal background check is required. Activities include working in reception, as a switchboard operator, client intake, client advocacy, quality assurance, food pantry, donation intake, and more. Volunteers with special knowledge/skills may work in the thrift shop with fabrics & crafts, jewelry, electronics, or books.

Dress for Success Austin

701 Tillery St, Ste A-5 Austin, TX 78702 Contact Candy Cantrell (Volunteer Manager) (512) 389-3723

candy@dressforsuccessaustin.org

https://www.dressforsuccessaustin.org/volunteer

Individual volunteers needed to work as: image consultants, career advocates, outreach workers, consignment store delivery, inventory, and administrative support. Group volunteers welcome to help with career center or boutique.

Hands on Housing (through Interfaith Action of Texas)

hoh@interfaithtexas.org

www.interfaithtexas.org/hands-on-housing

Volunteers and professionals work together to make vital home repairs that allow seniors and disabled individuals remain in their homes and neighborhoods. Opportunities both in repair work or administrative support available.

Make-A-Wish Foundation of Central and South Texas

2224 Walsh Tarlton Lane Suite 200 Austin, TX 78746 (512) 329-9474

charity@cstx.wish.org

cstx.wish.org/ways-to-help/volunteering/volunteer

MAWF helps make the dreams of kids with critical illnesses come true. They need volunteers for fundraising, group or special projects, special events, airport greeters, wish granters, and more. Volunteers must be able to attend training and pass a criminal background check.

Hope Alliance

1011 Gattis School Road, Ste 106 Round Rock, TX 78664 (512) 255-1212

www.hopealliancetx.org/how-to-help/volunteer

Volunteers needed to help with administrative tasks (especially with special skill sets like Photoshop); working directly with survivors at the shelter or answering the hotline; and serving on committees.

Inside Books Project

3106 E. 14 ½ St Austin, TX 78702 (512) 655-3121

insidebooksproject@gmail.com

www.insidebooksproject.org/volunteer

IBP provides books to incarcerated people. Volunteer sessions held every Sunday from 5-9pm, Thursday from 7-11pm, and 2nd Monday of the month from 10am-2pm. First-time volunteers must attend orientation session. Activities include opening letters from inmates, selecting books to fit requests, and making book packages to send.

Mother's Milk Bank of Austin

5925 Dillard Circle Austin, TX 78752

Contact Diana: (512) 710-3933

diana@milkbank.org

www.milkbank.org/get-involved/volunteer-your-time

MMBA provides donor breast milk to pre-term and ill infants and needs volunteers in their lab processing milk for pasteurization, in the offices for administrative support (non-mobile babies welcome to accompany parent volunteers), and to staff tables at local community outreach events.

AGE of Central Texas

(512) 451-4611

info@ageofcentraltx.org

www.ageofcentraltx.org

Volunteers work with older adults and their caregivers. Groups welcome; youth under 18 years old can volunteer along with a parent or guardian.

Youth services and resources

American YouthWorks

1901 E. Ben White Blvd SRVD EB Austin, TX 78741 (512) 744-1900

www.americanyouthworks.org

Provides primary education and career training programs, helps youth reach career goals and achieve academic success, provides post-graduation college and career guidance.

Austin Youth Council

www.austintexas.gov/page/austin-youth-council

A general assembly of 80+ high school students from the Austin area (including homeschooled and private school students), who meet monthly to discuss issues concerning youth and civic engagement. www.austintexas.gov/kids

Opportunities for internships, careers, and other programs through the City of Austin, such as a Youth Career Fest, police department internships, etc.

Boys and Girls Clubs of the Austin Area

6648 Ed Bluestein Blvd, Austin, TX 78723 (512) 444-7199

www.bgcaustin.org

Non-profit providing educational and recreational opportunities to more than 8,200 youth between the ages of 6 and 18, in Travis & Bastrop counties. Programs include academic enrichment, school engagement, target dropout prevention, intensive intervention & case management, leadership and civic development, interpersonal skills and health education. 32 locations in and around Austin; visit the website to find the closest one.

Central Texas Youth Services

Multiple locations in Belton, Killeen, and Waco Main Office 204 N. East St, Ste A Belton, TX 76513 (254) 939-3466

www.centraltexasyouthservices.com/

Nonprofit providing services and resources to homeless and troubled youth and their families. Programs include a maternity group home for parents and expecting youth ages 12-21; a transitional living program for homeless youth; a resource center for youth transitioning out of foster care; emergency housing and services for youth in crisis.

It Gets Better Project

www.itgetsbetter.org

info@itgetsbetter.org

Stories, support, and information for LGBTQ+ youth, from LGBTQ+ adults who want to reassure the next generation.

Texas Network of Youth Services

www.tnoys.org

P.O. Box 26855,

Austin, Texas 78755

(512) 815-3299

Organization whose mission is to strengthen services and support for Texas youth and their families, through policy, practice, and partnership. They have a range of projects and programs, such as a residential camp, recovery services, voter registration drives, and more.

Workforce Solutions Youth Employment Partnership

(512) 748-5574

intake@goodwillcentraltexas.org

https://www.wfscapitalarea.com/our-services/youth/

Services include GED/High school equivalency preparation, tutoring, career counseling, leadership skills development, job skills training, employment opportunities and more. Qualified youth are Travis County residents, between the ages of 14-24, authorized to work in the U.S., meet low-income household guidelines, and if male 18+, registered for Military selective Service.

Youth Engaged 4 Change

engage.youth.gov

Inspiration and information for youth on volunteering, internships, jobs, leadership opportunities, and community connections to change youth lives and the world. Topics include civic engagement, disabilities, employment, foster care, finances, juvenile justice, and more.

Youth.gov

www.youth.gov

Composed of representatives from 21 federal agencies that support programs and services focusing on youth. Website includes interactive tools and resources to help youth and organizations that assist youth create positive, healthy outcomes. Information is provided on topics from driving to financial literacy to mental health.

Youth Services Mapping for AISD

www.ysm-austin.org

Searchable inventory of programs and partners in the Austin ISD system.

Health

Austin Healthy Adolescent Program

austintexas.gov/department/healthy-adolescent

Programs include a Peer-to-Peer healthy relationships project and a Youth/Adult Council that works towards health equity through education and community engagement.

Center for Young Women's Health and Center for Young Men's Health

https://youngmenshealthsite.org/

Health guides for youth covering general health, specific medical conditions, gynecology, nutrition and fitness, and emotional health.

GirlsHealth.gov

www.girlshealth.gov

Website for girls covering topics on bodies, fitness, nutrition, illness and disability, how to advocate for yourself at the doctor, drugs/alcohol/smoking, emotions, relationships, bullying, and making decisions about the future.

Go Ask Alice

www.goaskalice.columbia.edu

Q&A health site for youth run by Columbia University health care providers and a staff of research specialists. Search their past answers or ask your own health question.

Young Invincibles

www.younginvincibles.org

An advocacy group working to make young people's voices heard in the national conversation about health care (as well as higher education and economic opportunity). Website includes fact sheets on many healthcare and health law topics.

Relationships, consent, sexual education and health

Coalition for Positive Sexuality

www.positive.org

Grassroots volunteer group providing teens information to make decisions about sex, sexuality, and reproductive control; the website includes an extensive forum, FAQ, glossaries, and more.

Love is Respect

24-hour Hotline: I (866) 331-9474

Text: loveis to 22522 loveisrespect.org

Comprehensive website with resources about dating violence, family violence, healthy relationships, sexual assault, leaving an abusive relationship safely, and more.

Power to Decide

www.powertodecide.org

Campaign to reduce the frequency of teen pregnancies. They offer research-backed information about sexual health, contraception, and more.

Scarleteen

SMS message service: Text your question to (206) 866-2279

www.scarleteen.com

independent, feminist, grassroots sexuality and relationships education media and support organization and website. Provides Online static content, interactive services, referrals, mentoring and leadership.

Sex, etc.

www.sexetc.org

Info center for teens about sexual health, with a magazine, blog posts, videos, games, and more. Partly staffed by teens! The "Action Center" space on the website includes a state-by-state analysis of the issues, laws, and advocacy campaigns around sexual health and sex ed in each state. Sex, etc. is a project from Rutgers University.

Unhushed

www.unhushed.org

An organization of curricula writers, authors, trainers, and educators who create comprehensive, medically accurate resources for sex education.

Youth Leadership Development through SAFE Austin

Contact Randy Randolph (512) 356-1633

rrandolph@safeaustin.org

www.safeaustin.org/our-services/prevention-and-education/expect-respect/youth-leadership-development

This program prepares youth to become role models, allies, and peer educators who can address bullying, harassment, dating abuse, and health relationships in their schools and communities. There is also an option to attend a leadership academy that provides part-time paid employment at SAFE.

Other Resource Guides

Basic Needs Resource & Referral - library.austintexas.libguides.com/ld.php?content_id=50779317

General guide for Texans - https://www.211texas.org/

Informed Parents of Austin sex education resources – http://informedparentsofaustin.com/sexed-resources/

Online Free Fax Services - www.lifewire.com/free-fax-services-2378048

Sex Positive Families - www.sexpositivefamilies.com/

Sexual & Reproductive Health Resources for Adolescents and Young Adults - www.adolescenthealth.org/Resources/Clinical-Care-Resources/Sexual-Reproductive-Health/Sexual-Reproductive-Health-Resources-For-Adolesc.aspx

SIMS Foundation - <u>https://simsfoundation.org/</u>

Texas Children's Hospital college-bound resource guide:

 $\underline{www.texaschildrens.org/sites/default/files/uploads/TCH\%20College\%20Bound\%20Resource\%20Guide_2\\017.10.25.pdf$

Trans Youth - https://www.txtranskids.org/

Travis County Reentry Resource Guide -

www.austintexas.gov/sites/default/files/files/HR/TravisCountyReentryGuidebook2018.pdf

TxFoster Youth - www.texasfosteryouth.org/resources-list/